

ABILITIES NETWORK

Lee Ann Kingham, Executive Director

Website: <http://www.abilitiesnetwork.org>

E-mail: rlincoln@abilitiesnetwork.org

Abilities Network provides customized services to adults, children and families of differing abilities that focus on one-on-one supports to foster broadened, more inclusive communities through education, training and advocacy.

Location #1:

Central Maryland Office

8503 Lasalle Road (410) 828-7700

Towson, MD 21286 Fax (410) 828-7708

Location #2:

Tri-County Office

Potomac Square Condominium

9375 Chesapeake Street, Suite 103 (301) 392-3554

La Plata, MD 20646 Fax (301) 392-3558

Location #3:

Prince George's/Montgomery County Office

1738 Elton Road, Suite 320 (301) 431-7740

Silver Spring, MD 20903 Fax (301) 431-7742

Hours of Operation:

Monday through Friday 8:30 a.m. to 4:30 p.m.

(Hours may vary)

Appointment Policy:

Walk-ins accepted. Home visits can be arranged.

Methods of Payment:

Self-pay, DDA and DORS. Some services are free.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Donations Accepted:

Money, clothing, building materials, furniture, appliances, autos, food, volunteered time or services.

Volunteer Coordinator:

Lynette Elliott (410) 828-7700

lelliott@abilitiesnetwork.org

Community and Employment Partners

Community Partners supports individuals interested in living in their own homes to gain life skills essential for maintaining a home.

Employment Partners provides connections to potential employers. Services may include job

searches, tailoring job opportunities and job coaching.

Services Offered (all locations):

Community outreach, employment training, public safety, social skills training, supported employment, case management, job placement, special population services.

Eligible Populations:

People with developmental disabilities.

Support Services

Betsy Weaving

Person-centered program focusing on the unique needs and preferences of adults and families that include a child with a disability. Assistance is provided to help individuals become active in planning and accessing services.

Services Offered (all locations):

Community outreach, employment training, parenting skills/education, social skills training, supported employment, housing counseling, accessing financial, legal, medical, energy assistance, respite and transportation services, case management, special population services, advocacy.

Eligible Populations:

People with developmental disabilities and their families.



Student Service Learning

ACCOKEEK FOUNDATION

Dr. Wilton C. Corkern, President

Website: <http://www.accokeek.org>

E-mail: accofound@accokeek.org

The Accokeek Foundation stewards 200 acres on the Potomac River in Piscataway Park, including the National Colonial Farm and the sustainable, organic Ecosystem Farm.

Location #1:

3400 Bryan Point Road

Accokeek, MD 20607

(301) 283-2113

(301) 283-2049

Hours of Operation:

National Colonial Farm

Tuesday through Sunday 10:00 a.m. to 4:00 p.m.
(weekends only, mid-December to mid-March)

Piscataway Park Dusk to dark daily

Method of Payment:

Self pay.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Services Offered:

School and public interpretive programs, special events and field guides to engage visitors in hands-on learning about colonial history, historical ecology and preservation.

Eligible Populations:

The general public.

Donations Accepted:

Money, clothing, building materials, furniture, food for events, autos, volunteered time or services.

Volunteer Coordinator:

Kathy Talbot

Department of Labor. The purpose of the SCSEP is to identify low-income persons fifty-five years of age and older in need of employment and training. Training is accomplished within participating 501(c)(3) non-profit agencies or government entities ("Host Agencies") that provide a community service to the general population or senior population.

Location:

175 Post Office Road (301) 645-8712, ext. 301
Waldorf, MD 20602

Hours of Operation:

Monday through Friday 10:00 a.m. to 4:00 p.m.

Appointment Policy:

By appointment only.

Methods of Payment:

All services are free.

Service Area(s):

Charles County.

(301) 283-2113

Services Offered:

Employment training.

Eligible Populations:

Income eligible individuals 55 years of age and older, living in Charles County.

Service Learning Opportunities:

Clearing trails, landscaping, gardening, agricultural work, environmental restoration projects, historical interpretation, theater, music, cooking demonstrations.

Minimum age: None.

Contact: Kathy Talbot
(301) 283-2113
ktalbot@accokeek.org



**ALICE FERGUSON
FOUNDATION/HARD BARGAIN
FARM**

Tracy Bowen, Executive Director

Website: <http://www.hardbargainfarm.org> or
<http://www.fergusonfoundation.org>

E-mail: bwright@fergusonfoundtation.org

Our mission is to provide experiences that encourage connections between people, the natural environment, farming and the cultural heritage of the Potomac River Watershed, leading to personal environmental responsibility.

Location:

2001 Bryan Point Road (301) 292-5665
Accokeek, MD 20607 Fax (301) 292-1070

**ADULT DAY SERVICES (See CCNRC
Family of Care, p. 14.)**

**AGING, MARYLAND DEPT. OF
B.J. Queen, Senior Service Specialist**

Website: <http://www.mdoa.state.md.us>

E-mail: bqueen@dllr.state.md.us

The Maryland Department of Aging Senior Employment Program is authorized under Title V of the Older Americans Act and funded and monitored by the U.S.

Mailing Address:

P.O. Box 628
Accokeek, MD 20607

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Appointment Policy:

Educational programs are prearranged for students and special groups only. Call Deanna Lutz at (301-292-5665) to schedule day or overnight field trips.

Methods of Payment:

Mail-in deposit. Final payment made at time of visit.

Service Area(s):

Entire metropolitan area.

Donations Accepted:

General funding comes through individual and organization donations, membership, facility support of equipment (building materials, vehicles, farming tools and equipment), volunteered time and in-kind services.

Volunteer Coordinator:

Brenda Wright (301) 292-5665

Services Offered:

Field trips for K-12 school groups including special education groups; teacher workshops; internships; weekend group rentals; weekday conference room rentals; arts at Hard Bargain Farm's Amphitheater, community outreach events – Spring Farm Festival and Oktoberfest – open to the public; annual Potomac River Watershed Clean Up; Interactive Technology lessons on the website, and "Members Only" events (call to join).

Eligible Populations: pre-K-12 grade students, teachers, families, organizations and the general public.

Service Learning Opportunities:

Gardening/landscaping (weeding and pruning), invasive plant clean-up (cutting and pulling vines off trees, clearing fence lines), general farm maintenance (possibly involving heavy lifting, shoveling and cleaning stalls, painting and stacking wood), administration work (putting together education packets, assist with mailings, making copies, clipping articles); picking up trash along Potomac River; maintaining trails.

Minimum age: high school; some middle school.

Contact: Brenda Wright
(301) 292-5665
bwright@fergusonfoundation.org



ALTERNATIVES FOR YOUTH AND FAMILIES, INC.

Donna Bennett, LCSW-C

Executive Director

Website: <http://www.alternatives4youth.org>

Alternatives for Youth and Families is committed to advancing the practice of community-based programs and providing services to children and their families in the most normalized environments possible.

Location #1:

30049 Business Center Drive (301) 884-0312
Charlotte Hall, MD 20622 Fax (301) 274-4039

Mailing Address:

P.O. Box 659
Charlotte Hall, MD 20622

Location #2:

P.O. Box 2097 (301) 855-9505
Prince Frederick, MD 20678 (410) 535-4546
Fax (410) 535-5199

Location #3:

P.O. Box 2475 (301) 645-8760
Waldorf, MD 20604 Fax (301) 645-5782

Hours of Operation:

Monday through Friday 8:30 a.m. to 4:30 p.m.

Appointment Policy:

Appointments scheduled individually; walk-ins accepted. Home visits can be arranged.

Methods of Payment:

Self pay, sliding scale, Purchase of Care, grant, Medical Assistance.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Donations Accepted:

Money.

Referral Policy:

Department of Social Services; Department of Juvenile Services; Mental Health Department; self-referral if over 18, or parent referral.

Compass Psychiatric Rehabilitation Program

Sharman Warrick, LGSW, Director

This program is designed to promote positive development of a youth's behavior, social skills, and family relationships. The program is person-centered and therefore strives for the empowerment of the consumer, which leads to the attainment of personal goals and objectives.

Services Offered (Location #1):

Mentoring, Small Groups, 24-hour staffed hotline.

Eligible Populations:

Children and adolescents to age 18.

Crisis Shelter Service/Emergency Placement

Darlene Richburg, B.S., Director of Residential Services

This program is designed to provide 24-hour emergency intervention using treatment foster homes as an alternative to placement in hospitals, group shelter facilities or institutions.

Services Offered (Location #1):

Case management, counseling, crisis intervention, in-home services, parenting skills/education, treatment placement, therapy, 24-hour staffed helpline, respite services, emergency short term shelter, public school and other transportation, mentoring, special population services, social supportive advocacy, social work services to families.

Eligible Populations:

Children and adolescents ages 5 to 18 having a mental health diagnosis and meeting medical assistance criteria.

Independent Living

Bert Otts, LCSW-C

Director of Residential Services

This program offers community-based service to older adolescents and young adults who have successfully completed treatment in a more restrictive setting and who may benefit from support in their transition to independence.

Services Offered (Location #1):

Case management, crisis intervention, counseling, 24-hour staffed helpline, referral for substance abuse or mental health services, life

skills/vocational education, supported placement in community (in licensed foster home in phase 1), advocacy.

Eligible Populations:

Adolescents ages 16 1/2 - 18; adults to age 21, including the mentally ill and dually diagnosed.

The Lighthouse

Janice Walker, Masters in Psychology, Program Director

This eight-bed therapeutic group home, licensed by the Department of Health and Mental Hygiene, provides short term, intensive treatment to adolescent girls who have been unsuccessful in family settings.

Services Offered (Location #3):

Case management, counseling, crisis intervention, treatment placement, 24-hour staffed help-line, nutrition education, vocational training and education, public school and other transportation, special population services, social supportive advocacy.

Eligible Populations:

Female adolescents ages 12-17, including mentally ill dually diagnosed.

LINKS for Youth (See separate listing, p. 48)

Therapeutic Foster Care

Bert Otts, LCSW-C

Director of Residential Services

Therapeutic Foster Care is a treatment program within the homes of trained and licensed families, for children and teens who are experiencing serious emotional and/or behavioral problems at home, in school, or in the community.

Services Offered (Location #1):

Case management, counseling, crisis intervention, 24-hour staffed helpline, respite care, life skills/vocational education, referral for substance abuse or mental health services, advocacy.

Eligible Populations:

Children and youth ages 0-18 with behavioral/mental health issues.

TRIAD House

Rhonda Stewart, LGSW, Program Director

This eight-bed therapeutic group home, licensed by the Department of Health and Mental Hygiene, provides short term, intensive treatment to adolescent boys who have been unsuccessful in family settings.

Services Offered (Location #2):

Case management, counseling, crisis intervention, treatment placement, 24-hour staffed helpline, nutrition education, vocational training and education, public school and other transportation, special population services, social supportive advocacy.

Eligible Populations:

Male adolescents ages 12-17, including the mentally ill and dually diagnosed.

**ALZHEIMER'S ASSOCIATION,
NATIONAL CAPITAL AREA
CHAPTER, SOUTHERN MARYLAND
OFFICE**

Dorothy Flynn, Program Manager

Website: <http://www.alz.org/nca>

E-mail: dorothy.flynn@alz.org

The Alzheimer's Association, National Capital Area Chapter, provides information and support to those with Alzheimer's and other memory loss diseases, their caregivers and those professionals who serve them in Southern Maryland.

Location:

511 Charles Street
P.O. Box 1889
La Plata, MD 20646

(301) 934-5856

Helpline (800) 272-3900

Fax (301) 934-5858

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointments and walk-ins.

Other languages:

Some materials printed in Spanish.

Methods of Payment:

Most services are free.

Service Area(s):

Charles, St. Mary's, Calvert counties.

Donations Accepted:

Money, volunteered time or services.

Services offered:

Community Education and Outreach, 24/7 Helpline, Caregiver Support Groups, Information and Referral, Safe Return Identification Program, Professional Training, Advocacy Program.

Eligible Populations:

Adults of all ages, those living with Alzheimer's disease, their caregivers, and the general public.



Student Service Learning

AMERICAN CANCER SOCIETY

**Donna Cunningham, Community Manager
Charles County**

Website: <http://www.cancer.org>

E-mail: donna.cunningham@cancer.org

Nationwide voluntary health organization dedicated to eliminating cancer as a health problem by preventing cancer, saving lives, and diminishing suffering through research, education, advocacy, and service.

Location:

1875 Connecticut Ave. N.W. (202) 483-2600
Suite 730 Toll Free (866) 244-1792
Washington, D.C. 20009 Fax (202) 483-1174

24-hour helpline (800) 227-2345

Cancer Survivor's Network:

www.cancer.org

Hours of Operation:

Monday - Friday 8:00 a.m. - 5:00 p.m.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

All services free.

Service Area(s):

Charles.

Donations Accepted:

Money, speakers, volunteered time or services.

Services Offered:

Support services for cancer patients -- nutritional counseling, wigs and breast prostheses, support group, one-on-one support, referral to local community resources.

Eligible Populations:

General Public.

Service Learning Opportunities:

Form a Relay for Life team, be a member of the Relay for Life Planning Committee. Work on the day of Relay for Life (making luminaria bags, loading and unloading, setting up and cleaning up). Year-round promotion of event (setting up table at other venues to recruit team, etc.). Daffodil Day sorting and delivery. Age 11 and up; under 18, must have parental supervision.

Contact: Donna Cunningham
(202) 483-2600 or 1 (866) 244-1792

AMERICAN DIABETES ASSOCIATION

Kathy Rogers, Executive Director

Website: <http://www.diabetes.org>

E-mail: mmuench@diabetes.org

Our mission is to prevent and cure Diabetes, and to improve the lives of people affected by Diabetes.

Location:

800 Wyman Park Drive, #110 (410) 265-0075
Baltimore, MD 21211 Toll Free (800) DIABETES
Fax (410) 235-4048

Hours of Operation:

Monday - Friday 8:30 a.m. - 5:00 p.m.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

All services free.

Service Area(s):

Baltimore, Howard, Charles, Carroll, Alleghany, Anne Arundel, Harford, St. Mary's, Garrett, Frederick, and Washington Counties.

Donations Accepted:

Money, autos, volunteered time or services.

Services Offered:

Patient, public, professional education, research, Camp Glyndon for children with diabetes.

Eligible Populations:

People with diabetes; the general public.



Student Service Learning

AMERICAN RED CROSS, SOUTHERN MARYLAND CHAPTER

Mike Zabko, Executive Director

Website: <http://southernmaryland.redcross.org>

E-mail: mikez@somdredcross.org

The American Red Cross, a humanitarian organization, will provide relief to victims of disaster and help people prevent, prepare for, and respond to emergencies.

Headquarters:

9255 W & W Industrial Road (301) 934-2066
P.O. Box 507 1 (888) 276-2767
La Plata, MD 20646 Fax (301) 753-4042

Prince Frederick (410) 535-5230
Fax (410) 535-9565

Leonardtown (301) 475-4705
Pax River (301) 342-4100
Fax (301) 342-4157

Hours of Operation:

Monday through Friday 9:00 a.m. to 4:00 p.m.

Appointment Policy:

Walk ins accepted. Home visits made for disaster relief.

Methods of Payment:

Most services free (fees for health and safety courses).

Service Area(s):

Southern Maryland.

Donations Accepted:

Money, volunteered time or services, vehicles.

Emergency Armed Forces

Communications Program

1-888-737-4306

The Chapter provides 24-hour emergency

messages to Armed Forces personnel around the world from family members in Southern Maryland.

Services Offered:

Emergency communications.

Eligible Populations: Military personnel and their families.

Disaster Preparedness

The Chapter provides disaster preparedness presentations, classes and literature to the community.

Services Offered:

Community outreach, disaster preparedness.

Eligible Populations: General public.

Disaster Relief

The Chapter provides 24-hour relief to victims of disasters by assisting with food, clothing, short-term shelter and other emergency needs.

Services Offered:

Food, emergency short term shelter.

Eligible Populations: Disaster victims.

Health and Safety Services

The Chapter provides training in CPR, babysitting, first aid and pet first aid to the community and in the workplace. Various levels of courses are offered.

Services Offered:

Community outreach, public health education.

Eligible Populations: General public.

Service Learning Opportunities:
Administrative tasks; call for other opportunities.

Minimum age: 15.

Contact: Mike Zabko
(888) 276-2767



Student Service Learning

**ANIMAL CONTROL SERVICES,
Charles County Government
C. Edward Tucker, Chief**

Website: <http://www.govt.co.charles.md.us/ES/tcas/>

E-mail: stephenk@charlescounty.org
Tuckere@charlescounty.org

Location #1:

10425 Audie Lane

P.O. Box 2150

La Plata, MD 20646

(301) 609-3425

Fax (301) 609-3410

Location #2:

6707 Animal Shelter Rd.

Hughesville, MD 20637

(301) 932-1713

24-hour helpline (800) 903-1992

Fax (301) 274-0539

Hours of Operation:

Monday through Friday

10:00 a.m. to 6:00 p.m.

Saturday

8:00 a.m. to 4:00 p.m.

24-hour emergency service.

Appointment Policy:

Walk-ins accepted. Home visits can be arranged.

Methods of Payment:

Most services are free. Self pay for adoptions and re-claims.

Service Area(s):

Charles, St. Mary's, Calvert counties.

Donations Accepted:

Money, pet food, volunteered time or services, blankets, towels, equipment.

Volunteer Coordinator:

Joanna Snow

(301) 932-1713

Shelter Supervisor

(800) 903-1992

Animal Control Division

C. Edward Tucker, Chief

The Animal Control Division is responsible for the enforcement of all county and state laws and ordinances relevant to domestic animals. This includes investigations into reports of animal abuse/neglect.

Services Offered (Location #1):

Rabies control, public safety, animal advocacy, educational outreach programs, County animal licensing programs, referral services, 24-hour emergency service.

Eligible Populations:

General public.

Animal Shelter Division

The Animal Shelter accepts stray, ill, injured and unwanted animals. When possible, those animals are placed for adoption into new homes when they are not claimed by their owners.

Services Offered (Location #2):

Animal sheltering and adoption, lost and found pets, educational outreach programs, referral services.

Eligible Populations:

General public.

Service Learning Opportunities:

Donation drives for animals (dog food, cat food, toys, etc.); help with educational programs with schools and scouts; landscaping and yard work, building storage areas; photography for pet adoptions and lost and found.

Minimum age: 14.

Contact: Kim Stephens
(301) 932-1713
stephenk@charlescounty.org

Administrative Offices

268 Merrimac Court
P.O. Box 1860 (410) 535-2413
Prince Frederick, MD 20678 Fax (410) 535-1314

Location #2:

Charles County Services (301) 645-0887
Hamilton Center 1, Suite 206 Fax (301) 645-2797
3200 Crain Highway
Waldorf, MD 20603

Location #3:

St. Mary's County Services
Breton Market Place (301) 475-5652
25470 Point Lookout Rd., Unit H Fax (301) 475-3357
Leonardtown, MD 20650

Hours of Operation:

Monday through Friday 8:30 a.m. to 4:30 p.m.

Appointment Policy:

Walk-ins accepted. Home visits can be arranged. In Charles County, please call first.

Methods of Payment:

Self pay, sliding scale, Medicaid, state grants; some services free to public.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted: Money, adaptive furniture, clothing, vehicles, jewelry, volunteered time or services.

Volunteer Coordinator:

Lacey Clements (410) 535-2413, x. 113
E-mail: lclements@arcsomd.org

Employment Services

Ron Mould, Director

Residential Services

Josephine Parker, Director

Family & Individual Support

Annette Greene, Director

Provides individualized, residential and employment support services for persons with mental retardation and other developmental disabilities. Also provides family support services.

Services Offered (Locations #1, #2,& #3):



Student Service Learning

ARC OF SOUTHERN MARYLAND, THE

Harriet Yaffe, Executive Director

Website: <http://www.arcsomd.org/>

E-mail: h.yaffe@arcsomd.org

The Arc of Southern Maryland promotes community involvement, independence and personal success for children and adults with intellectual and developmental disabilities.

Location #1:

Case management, counseling, in-home services, parenting skills/education, respite care, community outreach, employment training, social skills training, vocational education, testing and training, training for businesses, supported employment, long term and supported residential placement, consultation and job placement, special population services, social supportive, educational and legal advocacy, recreation, social work to families, information and referral, chore and personal care services, food, medical and other transportation.

Eligible Populations:

Physically and developmentally disabled persons of all ages and their families.

Service Learning Opportunities:

Working on United Way float in March; assisting with career fairs and tradeshow presentations; assisting with annual banquet and annual golf tournament.

Minimum age: 16.

Contact:

Lacey Clements
(410) 535-2413, x. 113
Hlclements@arcsomd.org

**ARTHRITIS FOUNDATION,
MARYLAND CHAPTER, SOUTHERN
MARYLAND BRANCH
Grace Ban, Executive Director**

Website: <http://www.arthritis.org>

E-mail: info.md.sm@arthritis.org
mdchapt@arthritis.org

The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

Location #1:

9505 Reisterstown Road
Suite 1 North
Owings Mills, MD 21117

(410) 654-6570
Fax (410) 654-9270

Branch Office:

714 B&A Boulevard
Severna Park, MD 21146

(410) 544-5433

Appointment Policy:

Walk ins accepted.

Methods of Payment:

All services are free. Self pay for programs, with scholarships available.

Service Area(s):

Charles, St. Mary's, Calvert, Anne Arundel Counties.

Donations Accepted:

Money, vehicles, equipment (canes, walkers, wheelchairs), volunteered time or services.

Volunteer Coordinator:

Grace Ban

(410) 544-5433

Services offered:

The Arthritis Foundation offers programs and services for people with arthritis and their families. Those include: educational lectures and seminars, aquatics and land exercise, support groups, self-help courses and visits to local groups, community centers and clubs. Call the Foundation for information about support groups and services in your area.

Eligible Populations:

People of all ages with arthritis, their families, and the general public.



**BIG BROTHERS BIG SISTERS OF
SOUTHERN MARYLAND, INC.**

**Melonie Sherman Dalson, Executive Director
Penny Shissler, School-based Mentoring Coordinator**

Website: <http://www.bbbssomd.org>

E-mail: penny.shissler@bbbssomd.org

Provides quality volunteers and professional services to enable children and youth to make positive life choices and to become capable adults. Eligible youth ages 7-14 are matched one-on-one to an adult mentor who serves as a positive role model and friend. A professional Case Manager provides ongoing support, training and counseling to the child, parent and volunteer. School-based mentoring opportunities at select schools, in which adult or high school volunteers serve as mentors.

Location #1:

Administrative Offices
30065 Business Center Drive, #2 (301) 290-0501
Charlotte Hall, MD 20622 Fax (301) 290-0504

Hours of Operation:

Monday - Friday 8:30 a.m. - 5:00 p.m.

Appointment Policy:

Scheduled appointments only.

Methods of Payment:

All services are free.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, volunteered time or services.

Services Offered (Vary by location; call for update):

Community and school-based mentoring, training, referrals.

Eligible Populations: Children ages 7-14; primarily single parent families. Children referred through schools for in-school programs.

Service Learning Opportunities:

One-to-one high school mentors to mentor children at Mary Matula Elementary School, Indian Head Elementary School, Matthew Henson Middle School and Piccowaxen Middle School. Full year commitment requires. Mentoring occurs each week, about one hour.

Minimum age: 15.

Contact:

Penny Shissler
(301) 290-0501
Hpenny.shissler@bbbssomd.org

BOARD OF EDUCATION – (See Charles County Public Schools, p. 25.)

BOYS & GIRLS CLUBS OF SOUTHERN MARYLAND

Website: <http://www.bgcsmd.net>

E-mail: astockmeyer@bgcsmd.net

The mission of Boys & Girls Clubs of Southern Maryland

is to inspire and enable all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible and caring citizens.

Location:

12865 HG Trueman Road, #2B (410) 326-2200
Lusby, MD 20657 Fax (410) 326-9370

Hours of Operation:

Monday - Friday 9:00 a.m. - 5:00 p.m.

Appointment Policy:

Walk-ins accepted.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, furniture, appliances volunteered time or services.

Volunteer Coordinator:

Ann Marie Stockmeyer (410) 326-2200

Services Offered: Community outreach, social skills training, and youth development programs.

Eligible Populations: Boys and girls ages 6-18.



**BOY SCOUTS OF AMERICA,
NATIONAL CAPITAL AREA COUNCIL
Alan F. Lambert, Executive Director**

Website: <http://www.boyscouts-ncac.org>

Boy Scouts of America is a values-based program which provides citizenship, fitness and character building through the Cub Scout, Boy Scout, Venturing, Exploring and Learning For Life programs. Call for information about joining or volunteering

Location:

9190 Wisconsin Avenue (301) 530-9360
Bethesda, MD 20814 (301) 214-9112
Fax (301) 564-9513

Local Representative:

Alexander Kratik (301) 885-7452
2009 St. Thomas Drive
Waldorf, MD 20602

Donations Accepted:

Money, volunteered time or services.

Services Provided:

Community outreach; social skills training, youth program.

Eligible Populations:

Boys, first grade through age 20; girls ages 14 through 20 and their families.

BUILD A DREAM FOUNDATION

Spencer Schwartz, President

Website: <http://www.ccboe.com/badf>

The primary focus of the foundation is to support, manage and direct the design and construction of residential structures by high school students in the local community. This project enables students to have the most practical school-to-work instructional experience possible. The funds derived from the home sale are directed back into the next project.

Location:

North Point High School for Science,
Technology & Industry (301) 753-1759
2500 Davis Road (301) 855-2012
Waldorf, MD 20603 Fax (301) 855-2347

Hours of Operation:

Monday through Friday 8:00 a.m. to 3:00 p.m.

Appointment Policy:

Scheduled appointment only.

Service Area(s):

Charles County.

Donations Accepted:

Money, appliances, building materials, volunteered time or services.

Volunteer Coordinator:

Ron Wilson (301) 753-1759

Services Offered:

Classroom education, training for businesses, vocational training and education.

Eligible Populations:

Adolescents enrolled in the Vocational Technical Program under the Board of Education.

**CANCER
RESOURCES/INFORMATION,
Partnerships for a Healthier Charles**

County, p. 53.)



**CATHERINE FOUNDATION
PREGNANCY CARE CENTER**

Kelley Jennings, Executive Director

E-mail: cfpcc@catherinefoundation.org

Free pregnancy screening tests; peer options information; referrals for food, housing, social and medical services; maternity/baby clothes; post-abortion support group; abstinence presentation for schools, churches and civic organizations; free childbirth and parenting classes; Cribs for Kids program, and ultrasounds.

Location:

3065 Old Washington Road (301) 870-4911
Waldorf, MD 20601 (301) 932-8811
Fax (301) 932-8822

Helpline (800) 395-HELP

Hours of Operation:

Monday through Friday 9:30 a.m. to 4:00 p.m.
Tuesday through Thursday 9:30 a.m. to 4:00 p.m. &
7:00 p.m. to 9:00 p.m.
Saturday 10:00 a.m. to 1:00 p.m.

Methods of Payment:

All services are free.

Service Area(s):

Charles, St. Mary's, Calvert, So. Prince George's, King George (VA) Counties.

Other Languages:

Spanish

Donations Accepted:

Money, baby furniture and related items, baby and maternity clothes, diapers, baby formula and food, volunteered time or services.

Volunteer Coordinator:

(301) 932-8811
(301) 870-4911

Services Offered:

Pregnancy tests, crisis intervention, community outreach, 24-hour helpline, information, referrals and ultrasounds.

Eligible Populations:

Pregnant women or women who could be pregnant, family and individuals with children two years and under.



Student Service Learning

CATHOLIC CHARITIES

Website: <http://www.ccs-dc.org>

Catholic Charities is a social services organization of the Archdiocese of Washington. Our mission is to enable people to strengthen and rebuild their lives by serving those most in need, by supporting families, and by engaging the broader public in this work.

Location #1:

Catholic Comm. Svcs. Angel's Watch Regional Shelter
P.O. Box 613 (301) 274-0680
Hughesville, MD 20637 (301) 870-5308
Fax (301) 274-0681

Location #2:

Catholic Comm. Svcs. Charles Co. Center
P.O. Box 487 Metro (301) 753-4029
513 E. Charles Street (301) 934-2582
La Plata, MD 20646 Fax (301) 934-3439

Location #3 (Thursdays Only):

Catholic Comm. Svcs. Nanjemoy Community Center
4375 Port Tobacco Road (301) 246-9612
Nanjemoy, MD 20662 (301) 246-9031

Location #4:

Catholic Comm. Svcs. Southern Maryland Food Bank
Intersection of Routes 5 & 231
P.O. Box 613 (301) 274-0695
Hughesville, MD 20637 Fax (301) 274-0681

Location #5:

St. Sebastian Townhomes
P.O. Box 613 (301) 274-0680, x. 101
Hughesville, MD 20637 (301) 870-5308
Fax (301) 274-0681

Hours of Operation:

Catholic Charities Angel's Watch Regional Shelter:

24 hours a day, 7 days a week for emergency and transitional shelter (see referral policy).

Catholic Charities Charles County Family Center:

Food Pantry Monday and Friday 9:00 a.m. to 12 n.
Food Pantry Wednesday 1:00 to 3:00 p.m.
Tuesday and Thursdays are appointment days. Call for appointment.

Catholic Charities Community Center/Nanjemoy:

Thursday 9:30 a.m. to 12 n.

Catholic Charities Southern MD Food Bank:

Monday 8:30 a.m. to 1:30 p.m.

Tuesday and Thursday By appointment

St. Sebastian Townhomes:

24 hours a day, 7 days a week for residents.

Appointment Policy:

Walk ins accepted any day; to avoid waiting, schedule appointment in advance. Home visits can be arranged.

Methods of Payment:

Services are free, except in transitional shelter and food bank.

Service Area(s):

Angel's Watch Regional Shelter:

Charles, St. Mary's, Calvert Counties.

Charles County Family Center: Charles County.

Southern Maryland Food Bank:

Charles, St. Mary's, Calvert non-profit agencies.

St. Sebastian Townhomes:

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, pillows, towels, washcloths, new baby items, car seats, diapers.

Volunteer Coordinator:

(301) 274-0680

Catholic Charities Angel's Watch Regional Shelter and Domestic Violence Program

Julie A. VanOrden, Senior Program Manager

Services Offered (Location #1):

Emergency, domestic violence, hypothermia and transitional shelter.

Eligible Populations:

Single women and women with their children who are homeless in Southern Maryland.

Referral Policy: Clients must be referred by the Department of Social Services, or the Center for Abused Persons, in cases of domestic violence.

Service Learning Opportunities:

Picking up trash in parking lot, on playground and around building; collecting needed supplies (pillows, towels, washcloths, paper plates, cups, etc.), fundraising.

Minimum age: 18 (or younger with parental supervision).

Contact: Kathy Clark
(301) 274-0680
Kathy.clark@catholiccharities-dc.org

Catholic Charities Charles County Center

Greg Clark, Senior Program Manager

Emergency Services

Provides financial assistance for emergency shelter. Provides rental assistance to prevent eviction.

Eligible Populations:
Homeless individuals and families.

Family Support Services

Provides counseling, crisis intervention, social work services to families, information and referral.

Eligible Populations:
Charles County families.

Rent/Mortgage Assistance, FEMA

This program can aid persons who are one month behind on rent or mortgage. The person applying must have documentation of current need and ability to pay in the future. Case work follow-up.

Eligible Populations:
Income eligible individuals and families.

Emergency Food/Hunger Relief Pantry

Pantry food for all who are hungry. USDA food monthly for qualified residents of Charles County. Transitional food sponsorship through SHARE program.

Eligible Populations:
Income eligible adult residents of Charles County.

Catholic Charities Southern Maryland Food Bank
Brenda DiCarlo, Program Manager

E-mail:
brenda.dicarlo@catholiccharitiesdc.org

A food bank that provides food for Southern Maryland agencies that feed the needy, ill, and children.

Services Offered (Location #4):
Bulk food for participating agencies. **Please note: does not provide food directly to families in need.**

Eligible Populations:
Southern Maryland non-profit agencies that feed the needy, ill and infants can become members.

Referral Policy: Any citizen needing food will

Service Learning Opportunities:

Conduct food drives.

Minimum age: 12.

Contact: Brenda DiCarlo
(301) 274-0695
brenda.dicarlo@catholiccharitiesdc.org

be referred to his/her area's food pantry.

Catholic Charities
St. Sebastian Townhomes

Yvette Chadwick, Program

Administrator

E-mail: chadwick@catholiccharitiesdc.org

Supported living in Waldorf location. Fenced community with playground and picnic area. Transitional housing for up to 2 years if needed, and if eligibility requirements are met. Support staff on-site conducts monthly home visits. Neighborhood Watch program.

Services Offered (Location #5):

Transitional housing, social supportive services.

Eligible Populations:

Homeless individuals and families with disabilities within the tri-county area who are referred for tenancy.

Referral Policy:

Residents must be referred by their county Department of Social Services, a Catholic Charities Family Center, or another transitional program or homeless shelter. Residents will be asked to complete an application as part of the referral process. Applications are assessed on need as well as the order in which they are received. Eligible applicants may be placed on a waiting list.

CCNRC FAMILY OF CARE

L.E. Zimmerman, President/CEO

Website: <http://www.ccnrc.com>

E-mail: csmail@ccnrc.com

Our mission is to provide excellence in rehabilitation and aging services delivered by employees that reflect our values.

Charles County Nursing Center:

Charles County Nursing Center has been a leading provider of long term care in Southern Maryland since 1976.

10200 La Plata Road (301) 934-1900
La Plata, MD 20646 (301) 870-3667
Fax (301) 934-8706

Administrative Hours:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Visiting Hours (flexible depending on circumstances):

Daily 8:00 a.m. to 8:00 p.m.

Methods of Payment:

Medicaid, private pay, Long Term Care Insurance

Service Area(s):

Charles, Calvert, St. Mary's, Prince George's Counties.

Donations Accepted:

Money, reading matter, volunteered time or services.

Volunteer Coordinator:

Sheila Smoot (301) 934-1900, ext. 126

Charles County Rehabilitation Center:

The main focus of the rehabilitation program is to help our patients achieve their highest level of independence.

10200 La Plata Road (301) 934-1900, x 117
La Plata, MD 20646 Fax (301) 934-8706

Administrative Hours:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Visiting Hours (flexible depending on circumstances):

Daily 8:00 a.m. to 8:00 p.m.

Methods of Payment:

Medicare.

Service Area(s):

Charles, Calvert, St. Mary's, Prince George's Counties.

Donations Accepted:

Money, reading matter, volunteered time or services.

Volunteer Coordinator:

Sheila Smoot (301) 934-1900, ext. 126

Adult Day Services

Kristina Raymond, R.N.C., V.P. of Adult Day Services

E-mail: kraymond@ccnrc.com

Provides daytime medical adult day care to individuals over age 16 who are physically and/or mentally disabled, thus preventing premature nursing home placement.

10200 La Plata Road (301) 934-6753
La Plata, MD 20646 Fax (301) 609-8437

Hours of Operation:

Monday - Friday 6:30 a.m. to 5:30 p.m.
Saturday 8:00 a.m. to 3:00 p.m.

Methods of Payment:

Medicaid, private pay.

Service Area(s):

Charles & Northern St. Mary's Counties.

Donations Accepted:

Money, reading matter, volunteered time or services.

Volunteer Coordinator:

Trina Hemsley (301) 934-6753

Services offered to participants:

Case management, counseling, crisis intervention, therapy, respite care, community outreach, nutrition education, public health, social skills training, tutoring/literacy, communicable disease control, clinical services, in-home medical evaluation, testing and screening, placement, special population services, social supportive advocacy, recreation, support for the terminally ill, disaster preparedness, social work services to families and adults, food, seasonal donations, medical transportation.

Eligible Populations:

Men and women over age 16, including the mentally, physically and developmentally disabled.

Abbey Manor Assisted Living

Pat Younger, V.P. of Assisted Living/Risk Management

pyounger@ccnrc.com

Abbey Manor Assisted Living provides each resident with the help he or she needs for activities of daily living while encouraging independence and engagement in social life. Ongoing assessments are conducted to adapt each resident's care plan to support aging in place.

123 Morris Drive (301) 934-0222
La Plata, MD 20646 Fax (301) 392-5182

Administrative Hours:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Visiting Hours:

Unlimited.

Methods of Payment:

Private pay, Long Term Care Insurance

Service Area(s):

Charles, Calvert, St. Mary's, Prince George's Counties.

Donations Accepted:

Money, reading matter, volunteered time or services.

Volunteer Coordinator:

Pat Younger (301) 392-5180



CENTER FOR ABUSED PERSONS, INC.
Annette Gilbert-Jackson, Executive Director

Center for Abused Persons provides counseling for victims of sexual assault, domestic violence and child abuse, 24-hour crisis helpline, community education and professional training.

Location:

2670 Crain Highway, Suite 303 (301) 645-8994
Waldorf, MD 20601 (301) 843-1110
Fax (301) 645-8342

24- hour Crisis Hotline (301) 645-3336

Hours of Operation:

Monday through Thursday 8:00 a.m. to 9:00 p.m.
Friday 8:00 a.m. to 4:00 p.m.

Appointment Policy:

Scheduled appointment only.

Methods of Payment:

No charge for first appointment; sliding scale (\$0-\$50 for subsequent visits).

Service Area(s):

Charles County.

Donations Accepted:

Money, office supplies, children's toys, volunteered time or services.

Volunteer Coordinator:

Diane Grove (301) 645-8994

Services Offered:

Case management, counseling, court support to victims and witnesses, crisis intervention, therapy, 24-hour helpline, public safety education, parenting skills/education, social work to families and adults, legal and social supportive advocacy, special population services, community outreach.

Eligible Populations: All.



Student Service Learning

CENTER FOR CHILDREN, INC.

Catherine Meyers, LCPC, Executive Director

Website: <http://www.center-for-children.org>

E-mail: info@center-for-children.org

The Center for Children is dedicated to the prevention and treatment of child abuse and the promotion of positive mental health through crisis intervention, counseling, and education. We are committed to providing comprehensive services to empower children and their families to have good mental health outcomes.

Location #1:

6100 Radio Station Road (301) 609-9887
P.O. Box 2924 (301) 753-4002
La Plata, MD 20646 (301) 884-0767
Fax (301) 609-7284

Location #2:

23507 Hollywood Road (301) 475-8860
P.O. Box 2205 Fax (301) 475-3843
Leonardtown, MD 20650

Location #3:

422 Solomons Island Road North (410) 535-3047
Prince Frederick, MD 20678 (301) 855-1056
Fax (410) 535-3890

Hours of Operation:

Monday through Thursday 8:30 a.m. to 8:00 p.m.
Friday 8:30 a.m. to 5:00 p.m.
Saturday 9:00 a.m. to 3:00 p.m.

Appointment Policy:

Walk-ins accepted for emergencies. Home visits may be arranged, depending upon the situation.

Methods of Payment:

Charity care policy, private health insurance, medical assistance, sliding scale, self pay.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Other Languages:

Spanish, Mandarin, and Taiwanese

Donations Accepted:

Cash/Checks/Visa/MasterCard, office supplies, office equipment and furniture, children's toys & books, infant formula & baby items, art supplies, tickets to games, events, or museums for children's programs, volunteered time or services.

Volunteer Coordinator:

Ann Seely (301) 609-9887, ext. 129

Mental Health Clinic
(Vacant), Clinical Coordinator

Services Offered:

Counseling, crisis intervention, **in-home services**, parenting skills and education, **psychiatric services for people of all ages**, individual, group, family and play therapy, psychological evaluation, special population services, legal advocacy & court services for children, support groups, social work services for adults and families, court ordered investigations, supervised visitation, custody evaluation.

Eligible Populations:

Services provided to people of all ages. Specialization in mental health services for children and families.

Divorce Education

An educational program to help parents understand the impact of divorce on children. Groups are offered for children who have parents going through a separation/divorce. Court-ordered supervised visitation and monitored exchange is offered for some cases.

Services Offered:

Counseling, parenting skills/education, support groups for adults and children.

Eligible Populations:

Adult men and women, children, families.

Healthy Families

Colleen S. Wilburn, Program Coordinator

A home visiting program designed to assist teen and first-time parents to learn about the growth and development of their children, prenatal to age five. A program of the Center for Children, HFCC partners with Civista Medical Center, the Health Department, Department of Social Services, Board of Education, and other community partners.

Services Offered:

Home visits, parent-child information, child development, referral support, and social supportive advocacy.

Eligible Populations:

All teen and first-time parents residing in Charles County.

Friends Indeed Mentoring

Sharon Groves, Coordinator

A program committed to initiating and supporting relationships between caring adult mentors and at-risk children and teens in Charles and Southern Prince George’s Counties. This program is run by the Center for Children.

Services Offered:

Social support, role modeling, academic assistance, and youth development

Eligible Populations:

Children of prisoners in Charles and Southern Prince George’s Counties, ages 4-15 who want a mentor.

Referral Policy: Accepts referrals from schools, recreation and social service providers, and incarcerated parents

Victim Services Center

(Vacant), Victim Services Coordinator

The Center for Children provides 24-hour (on call) crisis intervention, counseling and court support to survivors of homicide & other felony crimes. Services are also available for businesses that are victims of felonies.

Services Offered:

Counseling, court support for victims and witnesses, crisis intervention, therapy, legal advocacy. *Crisis intervention services, court support and advocacy are free.*

Eligible Populations:

All survivors of homicide, and individuals and businesses that are the victims of felonies.

Court Appointed Special Advocate

(CASA)

Summer Ellis, Program Coordinator, CASA of Southern Maryland

The CASA program recruits, trains, and supervises volunteers to provide a voice for the best interests of abused and neglected children in Charles County. CASA volunteers advocate for safe, permanent homes for abused and neglected children.

Services Offered:

Child Advocacy, court services for children, volunteer opportunities for adults 21 and over

Eligible Populations:

Children and families, potential adult volunteers 21 and over

Referral Policy:

Referrals come from the Charles County Circuit Court. Interested adult volunteers come from all walks of life and have a variety of professional, educational, and ethic backgrounds. No special experience is needed.

Service Learning Opportunities:

Painting, stuffing envelopes for fundraisers, organizing storage areas.

Minimum age: 16

Contact: Ann Seely
(301) 609-9887, ext. 129
Hseely@center-for-children.org

**Information and Referral -
Developmental Disabilities**

Receive requests for information in person or by telephone, perform intake, determine needs, refer to appropriate providers, and follow-up as necessary.

Services Offered:

Advocacy, information and referral.

Eligible Populations:

Individuals with disabilities and their families.

Residential Program

This program operates group homes and alternative living units funded and licensed by the Maryland Department of Health and Mental Hygiene for individuals with developmental disabilities; 2007 capacity is 38.

Services Offered:

Long-term and supported residential placement, respite services.

Eligible Populations:

Children and adults with developmental disabilities.

Respite Care Program

Short term, temporary residential placement in group homes for individuals with (often severe) disabilities. Service is usually funded through the Maryland Department of Health and Mental Hygiene.

Services Offered:

Supported (short term) residential placement, respite services.

Eligible Populations:

Children and adults with disabilities and their families.



**CHARLES COUNTY ASSOCIATION
FOR HANDICAPPED AND RETARDED
CITIZENS, INC. (HARC)
Scott Daughhete, Executive Director**

Website: <http://www.ccharc.com>

E-mail: charlescountyharc@comcast.net

Our mission is to provide or promote provision of resources to individuals and families to foster maximum independence and choice by persons with disabilities in their own communities.

Location:

79 Industrial Park Drive (301) 870-5970
P.O. Box 2367 (301) 932-7030
Waldorf, MD 20604 Fax (301) 932-4332

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Appointment Policy:

Walk-ins accepted. Home visits can be arranged.

Methods of Payment:

Free or based on Department of Health and Mental Hygiene regulations.

Service Area(s):

Charles County.

Other languages:

Arrangements made for non-English.

Donations Accepted:

Money, autos, volunteered time or services.

Volunteer Coordinator:

Scott Daughhete (301) 932-7030



Student Service Learning

**CHARLES COUNTY CHILDREN'S AID
SOCIETY**

Maria Bryan, Executive Director

Website: <http://childrens-aid-society.org>

E-mail: childrensaid@verizon.net

Private social service agency providing for the basic life needs of Charles County Children and their families on a short-term emergency basis.

Location:

3000 Huntington Circle (301) 645-1561
Waldorf, MD 20602 (301) 645-2207
Fax (301) 645-9340

Hours of Operation:

Monday through Friday 9:00 a.m. to 4:30 p.m.

Appointment Policy:

Walk-ins accepted. Appointments for monetary assistance.

Methods of Payment:

All services are free.

Service Area(s):

Charles County.

Donations Accepted:

Money, non-perishable food, volunteered time or services, toys, household items, clothing, diapers, wipes, office supplies, linens, school supplies, personal care items, housewares.

Services Offered:

Food, clothing, baby items, school supplies, monetary assistance with utilities, temporary/permanent shelter, rent/mortgage, prescriptions, burial expenses, toys at Christmas, Thanksgiving and Easter baskets, nutrition and food budgeting classes, computer lab, information and referral.

Eligible Populations:

Families with dependent children under 18.

Service Learning Opportunities: General office tasks (filing, answering phones), sorting donation including clothing, toys, food; cleaning in and around office, copying and folding literature and stuffing envelopes, data entry, helping with Saturday yard sales.

Minimum age: 14.

Contact: Maria Bryan
(301) 645-1561

**CHARLES COUNTY COMMUNITY
MEDIATION CENTER**

Lindsey Bradley, Executive Director

Website: <http://www.mediationcharlescounty.com>

Provides alternatives to violence and court action through mediated conversation in a safe and comfortable setting. Services are provided by professional staff with trained citizen volunteers.

Mailing Address:

P. O. Box 1142
La Plata, MD 20646 Phone/Fax (301) 861-0376

Hours of Operation:

Vary based on needs of participants.

Appointment Policy:

Scheduled appointment only.

Methods of Payment:

Services are free.

Service Area(s):

Charles, St. Mary's, Calvert counties

Donations Accepted:

Volunteered time or services.

Services Offered:

Community and court-ordered mediation. Educational outreach.

Eligible Populations:

General Public



Student Service Learning

**CHARLES COUNTY COOPERATIVE
MINISTRY ON AGING (CMA)**

Louis Knight, President

Mildred L. Barnes, Program Director

Website: <http://www.somd.lib.md.us/CHAS/meals>

E-mail: ccmealstrp@comcast.net

CMA is a non-profit organization dedicated to enhancing the quality of life for all home-bound seniors through nutritious meals and telephone reassurance.

Location:

10250 La Plata Road
La Plata, MD 20646

(301) 392-6325
Fax (301) 934-4656

Mailing Address:

P.O. Box 1708
La Plata, MD 20646

Hours of Operation:

Monday through Thursday 10:00 a.m. to 3:00 p.m.

Methods of Payment:

Sliding Scale.

Service Area(s):

Charles County.

Donations Accepted:

Money, volunteered time or services.

Meals on Wheels Program

Helen McLean , Coordinator (301) 743-5644

Volunteer drivers and aides deliver a hot noon meal five days a week to homebound seniors along routes in the Cobb Island, Hughesville/Benedict, Indian Head/Bryans Road, La Plata/Bel Alton, Nanjemoy, Northern Charles, South Eastern Charles (frozen meals), and White Plains/Pomfret areas.

Services Offered:

Hot meals, Monday through Friday.

Eligible Populations:

Homebound senior adults (age 60 and over) and eligible family members.

Telephone Reassurance Program

Katharine Bennett, Coordinator (301) 705-7864
Hazel Conner, Coordinator (301) 932-4684

Volunteers telephone at regular intervals those who are lonely or shut-in to reassure and to check on their well-being.

Services Offered: Telephone reassurance calls.

Eligible Populations:

Senior adults (60 and over) and their eligible family members.

Service Learning Opportunities: Delivering noon meal to homebound; making telephone reassurance calls/visits.

Minimum age: 18 with driver's license.

Contact: Mildred Barnes
(301) 392-6325

CHARLES COUNTY DEPARTMENT OF COMMUNITY SERVICES

Margaret E. Cheseldine, Director

Website: <http://www.charlescounty.org/cs>

E-mail: webmail@charlescounty.org

The mission of Charles County Government Department of Community Services is to provide quality programs and services related to Aging and Community Centers, Child Care, Housing, Recreation, and Transportation for the residents of Charles County.

Location:

8190 Port Tobacco Road (301) 934-9305
Port Tobacco, MD 20677 (301) 870-3388
(301) 932-6004
Fax (301) 934-5624

Inclement Weather Hotlines (call a main DCS number plus one of these extensions):

Recreation/Community Centers/Sr. Citizens Program. ext. 5197
Transportation ext. 5179

On-Site Child Care Division

AlphaBEST Education, Inc.

(301) 934-0104

For Before and After School Child Care, contact AlphaBEST Education, Inc.

(301) 632-6804

Provides affordable, quality child care for school-age children grades 1 through 5 at the elementary schools.

Services Offered:

Child Care.

Eligible Populations: Infants through school-age children.

Aging & Community Centers Division

Karen L. Lehman Cieplak, Chief of Aging & Community Centers

Senior Information and Assistance

(301) 609-5712 or (301) 934-0118 or (301) 870-3388, ext. 5118

Website: <http://www.charlescounty.org/cs/aging>

The Charles County Department of Community Services Aging and Community Services Division serves as the designated Area Agency on Aging (AAA) for Charles County and provides a wide range of programs and services to promote independence and improve the quality of life for older persons.

Citizens 60 and older and their eligible family members may access a variety of programs and services, including: advocacy services, arts and crafts, benefits coordination, caregiver support and respite, education, emergency assistance, health and wellness screenings, housing information, income tax assistance, referral, in-home care, inoculations, insurance counseling, legal assistance, loan closet, long-term care programs, meals on wheels and senior center meals (by reservation), medical adult day care, nursing home information, physical fitness/exercise and dance, protective services, senior centers, senior social clubs, special events (trips, dances, parties), transportation, volunteer opportunities.

Senior Centers:

Richard R. Clark Senior Center (301) 934-5423
1210 Charles Street (301) 932-2077
La Plata, MD 20646 (301) 870-2015
Fax (301) 934-5425
Monday –Friday 9:00 a.m. – 4:00 p.m.

Indian Head Community Center (301) 743-2125
100 Cornwallis Street Fax (301) 743-7422
Indian Head, MD 20640
Monday –Friday 9:00 a.m. – 3:00 p.m.

Nanjemoy Community Center (301) 246-9612
4375 Port Tobacco Road (301) 609-7639
Nanjemoy, MD 20662 (301) 753-1647
All numbers, use ext. 20
Fax (301) 246-9031
Monday - Thursday 9:00 a.m. – 2:00 p.m.

Waldorf Jaycees Senior Center (301) 638-4420
3092 Crain Highway Fax (301) 638-1931
Waldorf, MD 20601
Monday - Thursday 9:00 a.m. – 3:00 p.m.

Housing & Community Development Division

Rita J. Wood, Chief of Housing & Community Development

Housing Services

(301) 934-0112 or (301) 870-3388, ext. 5112

website: www.housingvouchers.com
www.charlescounty.org/cs/housing

The mission of this program is to administer, provide, and support a variety of housing programs to assist low- and moderate-income families attain safe and sanitary housing conditions. This division enforces the Minimum Livability Code in cooperation with the County Attorney's Office.

Services Offered (Location #1):

Housing development, inspections, loan packaging, low-income rental subsidy.

Eligible Populations:

Income eligible individuals and families. Call the Housing & Community Development Division for complete listing of available programs and qualification requirements.

Recreation Division

Eileen B. Minnick, Chief of Recreation

(301) 934-9305 or (301) 870-3388, ext. 5152

Website: <http://www.charlescounty.org/recreation>

The mission of this program is to provide recreational, educational and leisure time experiences for county residents through classes and aquatics programs, sports leagues, summer camps, trips, tours, special events and activities for special populations.

Capital Clubhouse

3033 Waldorf Marketplace (301) 932-4348
Waldorf, MD 20601 Fax (301) 632-5880

Hours of Operation:

Sunday - Saturday 10:00 a.m. – 10:00 p.m.

Services Offered:

Multi-sport and ice skating facility, recreation, continuing education, special events, birthday parties.

Eligible Populations:

General public.

Elite Gymnastics & Recreation Center

2745 Old Washington Road (301) 870-7938
Waldorf, MD 20601 (301) 705-6557
Fax (301) 645-3454

Hours of Operation:

Monday – Friday 8:00 a.m. – 9:00 p.m.
Saturday 9:00 a.m. – 12:00 n.

Services Offered:

Recreation, continuing education, community outreach, therapeutics, special events, rentals, birthday parties.

Eligible Populations:

General public

Henry E. Lackey High School Pool

3000 Chickamuxen Road (301) 743-2470
Indian Head, MD 20640 (301) 753-6003
Fax (301) 743-9218

Hours of Operation:

Year round; hours vary; call for current hours of operation.

North Point High School Pool

2500 Davis Road (301) 753-1759
Waldorf, MD 20603 (301) 855-2012
Fax (301) 855-2347

Hours of Operation:

Year round; hours vary; call for current hours of operation.

Services Offered:

Aquatics-related classes and programs.

Eligible Populations:

General public.

Community Centers:

Website: www.charlescounty.org/cs/commcenters

Charles County Community Centers offer a variety of programs, services, activities and recreational opportunities for persons of all ages. In addition to traditional recreation programs, community centers offer less-structured programs geared toward

developing community cohesion and providing supportive services. **Center hours vary seasonally; call for current hours of operation.**

Hanson Community Center (301) 645-2186
12350 Vivian Adams Dr. Fax (301) 374-9561
Waldorf, MD 20601

Henson Community Center (301) 375-7875
3535 Livingston Road Fax (301) 375-6084
Indian Head, MD 20640

Mattawoman Comm. Cntr. (301) 645-6865
10145 Berry Road Fax (301) 374-9560
Waldorf, MD 20603

Nanjemoy Comm. Center (301) 246-9612
4375 Port Tobacco Road (301) 609-7639
Nanjemoy, MD 20662

Piccowaxen Comm. Center (301) 259-2503
12834 Rock Point Road Fax (301) 259-2506
Newburg, MD 20664

Smallwood Comm. Center (301) 743-3020
4990 Indian Head Hwy. Fax (301) 743-9201
Indian Head, MD 20640

Somers Comm. Center (301) 932-6679
300 Willow Lane Fax (301) 609-4785
La Plata, MD 20646

Stoddert Comm. Center (301) 645-4847
2040 St. Thomas Drive Fax (301) 374-9520
Waldorf, MD 20602

Wade Comm. Center (301) 645-9291
5000 Smallwood Drive Fax (301) 374-9589
Waldorf, MD 20603

Transportation Division

Lisa M. Quill , Chief of Transportation

(301) 934-9305 or (301) 870-3388

Website: <http://www.go-vango.com>

VanGO provides reliable general public and specialized transit services within the county to 1.) employment locations in La Plata and Waldorf; 2.) College of Southern Maryland; 3.) shopping centers; 4.) medical facilities, and 5.) recreation/senior centers. There are modest fees

for this service. A connection to St. Mary's Transit System in Charlotte Hall is also provided.

Services Offered: General public, medical assistance, demand response transportation, and ADA.

Eligible Populations:

General public (some restrictions apply for some of the services, and some services require reservations; call Community Services Transportation Division for details, fees and schedule of stops.) Schedules and information are also available on our website.



Student Service Learning

CHARLES COUNTY FREEDOM LANDING

Joyce Abramson, Executive Director

Website: <http://www.freedomlanding.com>

E-mail: jabramson@freedomlanding.com

Charles County Freedom Landing provides services to assist adults with serious emotional disorders in using all known available resources to enhance their well-being and maximize their ability to participate in the community.

Location:

400 Potomac Street (301) 870-3969
P.O. Box 939 (301) 932-2737
La Plata, MD 20646 Fax (301) 932-2803

Hours of Operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Appointment Policy:

Appointments must be scheduled for interview and admission. Home visits can be arranged.

Methods of Payment:

Medical assistance, sliding scale, self-pay.

Service Area(s):

Charles County priority.

Donations Accepted:

Money, household items, personal hygiene items.

Volunteer Coordinator:

Diane Monk

(301) 932-2737

Peer Support Drop-In

"OUR PLACE" Drop-In fosters an atmosphere that encourages and empowers individuals to become more involved in community affairs and to develop healthy perspectives towards mental health awareness and support.

Hours of Operation:

M, W, F 2:00 p.m. - 7:00 p.m.
(days and times may vary; call for schedule.)

Services Offered:

Community resources, educational and social activities, and holiday celebrations to promote wellness and recovery from mental illness.

Eligible Populations:

Adults who have experienced a mental health problem.

Psychiatric Rehabilitation Program

Provides community support services to adults with mental illness, including pre-vocational/vocational and employment programs, social/recreational activities, independent living skills, housing and transportation.

Services Offered:

Case management, supportive counseling, in-home services, employment training, living and social skills training, tutoring/literacy, supported employment, supported community placement, medication monitoring, service advocacy, recreation, transportation.

Eligible Populations:

Adults with mental illness.

Referral Policy:

Clients may self-refer, **but referral form must be complete and have physician's signature.**

Service Learning Opportunities:

Basic office skills – receptionist, filing, copying; assisting staff with client craft/social activities; tutoring in basic math and reading.

Minimum age: 16.

Contact: Diane Monk
(301) 932-2737

Eligible Populations:

General public, adults.

CHARLES COUNTY NURSING AND REHABILITATION CENTER (See CCNRC Family of Care, p. 14.)



Student Service Learning

CHARLES CO. PUBLIC LIBRARY

Emily Ferren, Director

Website: <http://www.ccplonline.org>

E-mail: eferren@somd.lib.md.us

The Mission of the Charles County Public Library is to acquire and make available information, books and other library materials that most closely match the needs of its service community, the residents of Charles County.

Location #1 - La Plata:

2 Garrett Ave. (301) 934-9001
La Plata, MD 20646 (301) 870-3520

Location #2 - P.D. Brown:

50 Village Street (301) 645-2864
Waldorf, MD 20602 (301) 843-7688

Location #3 - Potomac:

3225 Ruth B. Swann Drive (301) 375-7375
Indian Head, MD 20640

Hours of Operation:

Monday through Thursday 9:00 a.m. to 8:00 p.m.
Friday 1:00 p.m. to 5:00 p.m.
Saturday 9:00 a.m. to 5:00 p.m.
Sunday closed

Service Area(s):

Charles County.

Donations Accepted:

Financial donations may be made to the Newcomb-Hart Library Foundation. Books and periodicals may be donated directly to our Citizens for Charles County Public Library on Saturdays when the Book Store is open. Volunteers are also accepted by the Citizens.



Student Service Learning

CHARLES COUNTY LITERACY COUNCIL

Marlene A. Cleaveland, Program Coordinator
Sonja Scharles, President

Website: <http://www.charlescountyliteracy.org>

E-mail: ccliteracy@ccboe.com

We are a group of volunteers helping adults throughout Charles County to enrich their lives by improving their reading, writing, spelling and *basic* math skills. Our goal is to assist our clients in reaching their educational and personal goals through one-on-one tutoring. Our motto is "Each one teach one."

Location:

3795 Leonardtown Road (301) 870-5974
Waldorf, MD 20601

Appointment Policy:

Call to schedule.

Methods of Payment:

All services are free.

Service Area(s):

Charles County.

Donations Accepted:

Literary materials, volunteered time or services.

Volunteer Coordinator:

Marlene A. Cleaveland (301) 870-5974

Services Offered:

Free one-to-one tutoring for adults in reading, writing, spelling or basic math skills.

Service Learning Opportunities:

Assisting with special events or projects; helping with book bazaar (April and October); wiping down shelving units; shelving library items.

Minimum age: 12.

Contact: Children's Librarian at the branch at which you wish to volunteer.



Student Service Learning

CHARLES CO. PUBLIC SCHOOLS (See Appendix C for complete listing of schools.)

James E. Richmond, Superintendent of Schools

Ronald G. Cunningham, Deputy Superintendent of Schools

Judy W. Estep, Assistant Superintendent of Instruction

Charles L. Wineland, Assistant Superintendent for Supporting Services

Keith A. Hettel, Assistant Superintendent for Human Resources

Paul T. Balides, Assistant Superintendent for Finance, Business Administration and Technology

Katie O'Malley-Simpson, Coordinating Supervisor, Media Relations and Communications

Website: <http://www.ccboe.com>

E-mail: komalley@ccboe.com

The mission of Charles County Public Schools is to provide an opportunity for all school-aged children to receive an academically challenging, quality education that builds character, equips for leadership, and prepares for life, in an environment that is safe and conducive to learning.

Location #1:

5980 Radio Station Road (301) 932-6610
 P.O. Box 2770 (mailing address) (301) 870-3814
 La Plata, MD 20646 Fax (301) 932-6651

Location #2:

Adult Services Center/Stone Annex (301) 609-3690

3795 Leonardtown Road (301) 870-3910
 Waldorf, MD 20601 Fax (301) 870-9106

Location #3:

Robert D. Stethem Educational Center (301) 753-1757
 7775 Marshall Corner Road (301) 932-1003
 Pomfret, MD 20675 Fax (301) 934-0165

Location #4:

F.B. Gwynn Educational Center (301) 934-3884
 5998 Radio Station Road (301) 753-1745
 La Plata, MD 20646 Fax (301) 934-3692

Location #5:

Nanjemoy Creek Environmental Education Center
 5300 Turkey Tayac Place (301) 743-3526
 Nanjemoy, MD 20662 Fax (301) 246-9623

Student and Staff Services

Services Offered:

Academic skill testing, classroom education, continuing education, adult education, employment training, nutrition education,

educational scholarships, public health education, social skills training, vocational testing and training, tutoring/literacy, supported employment, special population services, interpreters, social supportive advocacy, school health, home studies, recreation, child care, mentoring, staff development, and public school transportation.

Eligible Populations:

School age children, families.

Educational Options

There are a number of educational alternatives and vocational opportunities offered for adolescents and adults. These include programs at the Robert D. Stethem Educational Center, NOVEL, Adult Services, Home Teaching, and the Teenage Parenting Program.

Services Offered:

Academic skill testing, adult education, classroom education, employment training, parenting skills/education, vocational testing, education and training, school health, home studies, social supportive advocacy, child care and public school transportation.

Eligible Populations:

Adolescents, adults, families.

Performance Assessment

A variety of diagnostic and functional skill tests are offered to help parents, students and teachers make informed educational decisions.

Services Offered:

Academic skill testing.

Eligible Populations:

School age children.

Gifted Education

Gifted education provides a variety of instructional and enrichment opportunities for students. Gifted education teachers work with the classroom teachers to enhance the curriculum to meet the needs of highly able students. Enrichment activities such as Destination Imagination are supported by the gifted education staff at each school. At the middle and high school levels, the Scholars Course of Study is in place to provide rigorous academic courses for students. At the high school level, students have the opportunity to take advanced placement and honors level classes.

Services Offered:

Academic skill testing, classroom education, environmental studies and public school transportation.

Eligible Populations:

School age children.

Compensatory Education

Charles County Public Schools provides compensatory and ethnic population education to students in pre-kindergarten through grade 12 who demonstrate special academic or sociological need.

Services Offered:

Academic skill testing, classroom education, parenting skills/education, social skills training, tutoring/literacy, social supportive advocacy, and the Indian Education Program.

Eligible Populations:

School age children.

Special Education

The Special Education programs help children from birth to age 21 who have educational disabilities through career education, early intervention, community-based learning and communications and emotional adjustment programs.

Services Offered:

Community outreach, continuing education, employment training, social skills training, vocational education, testing and screening, tutoring/literacy, medical testing and screening, school health, special population services, interpreters, social supportive advocacy, home studies and public school transportation.

Eligible Populations:

Children and adults through age 21, including the mentally ill, and the physically and developmentally disabled.

School Health/Student Services

There are a variety of physical and mental health services including wellness, preventive health and emergency services, screenings and evaluations, crisis intervention, counseling and referral. All schools have a school health provider on campus during the school day.

Services Offered:

Counseling, crisis intervention, psychological evaluation, nutrition and public health education, testing and screening, school health, social supportive advocacy, tobacco/alcohol/drug abuse prevention education.

Eligible Populations:

School age children, including the physically and developmentally disabled.

Service Learning Opportunities: After-school tutoring, reading to students, helping teachers in their classrooms.

Minimum age: check with school principal

Contact: Rosellen Houser
(301) 934-7319



Student Service Learning

CHESAPEAKE BAY FLOATING THEATRE

Peggy Palmer, President/CEO

Website: www.floatingtheatre.org

E-mail: peggy@floatingtheatre.org

CBFT produces live theater, music, dance, readings and other artistic endeavors. Offers theater labs, apprenticeship labs and community-centered performances. Stage Training Apprentice Mentor Program for at-risk children after school.

Location:

4185 Indian Head Highway (301) 743-3040
Indian Head, MD 20640 (fax) (301) 743-5704

Hours of Operation:

Vary; call for appointment

Appointment Policy:

Scheduled appointment only.

Methods of Payment:

All service are free.

Service Area(s):

Charles, Calvert, St. Mary's and Prince George's Counties.

Donations Accepted:

Money, volunteered time or services

Volunteer Coordinator:

Peggy Palmer (301) 743-3040

Services Offered:

Performing arts.

Eligible Populations:

The general public.

Service Learning Opportunities:

Set construction/decoration; costuming and makeup; stage management; lobby decoration; publicity and advertising, box office attendant; ushering, mentoring.

Minimum age: 13

Contact: Peggy Palmer
(301) 743-3040
peggy@floatingtheatre.org



Student Service Learning

CHESAPEAKE-POTOMAC HOME HEALTH AGENCY, INC.

Dolores Martin, Executive Director

Website: <http://www.cphha.org>

Chesapeake-Potomac Home Health Agency, Inc. is dedicated to providing quality, cost-effective home health services to the residents of Calvert, Charles and St. Mary's Counties.

Location:

7627 Leonardtown Road (301) 274-9000
Hughesville, MD 20637 **Helpline (800) 656-4343**

(fax) (301)-274-9009

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:30 p.m.
24-hour on call.

Appointment Policy:

Home visits only.

Other languages:

American Sign Language (interpreters available)

Methods of Payment:

Charity care policy, medical assistance, private health insurance, self pay, sliding scale, Medicare.

Service Area(s):

Charles, Calvert, St. Mary's Counties.

Donations Accepted:

Money to supplement indigent care and to purchase patient education material.

Volunteer Coordinator:

Dolores Martin (301) 274-9000, ext. 117

Services Offered:

24-hour staffed helpline, Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, home IV therapy, Home Care Aides, Medical Social Worker.

Eligible Populations:

The general public; specialist in the care of geriatric patients..

Service Learning Opportunities:

Making admission packets; photocopying; assembling blank medical records.

Minimum age: 16.

Contact: Dolores Martin
(301) 274-9000, ext. 117
info@cphha.org

CHILDREN'S AID SOCIETY (See Charles County Children's Aid Society, p. 18)



Student Service Learning

CHRISTMAS IN APRIL, CHARLES COUNTY

Sam Graves, President

Website: <http://www.christmasinaprilcharlescounty.com>

E-mail: cccia@comcast.net

Christmas in April is dedicated to keeping low-income elderly and disabled homeowners living in warmth, safety, independence, dignity and decency through home repair and rehabilitation services.

Location:

10250 La Plata Road (301) 392-0202
La Plata, MD 20646 Fax (410) 981-8276

Mailing Address:

P.O. Box 86
Waldorf, MD 20604

Hours of Operation:

Varies. Call for information.

Service Area(s):

Charles County.

Donations Accepted:

Money, appliances, building materials, volunteered time or services.

Volunteer Coordinator:

Sandie Branam (301) 392-0202

Services Offered: Rehabilitation of owner-occupied homes, weatherization, handicap access.

Eligible Populations: Physically disabled or senior (over age 60) income-eligible homeowners.

Service Learning Opportunities: One-day event for painting and yard work. Year-round activities possible.

Minimum age: 14.

Contact: Christmas in April office
(301) 392-0202

CHURCHES/RELIGIOUS ORGANIZATIONS

CALVARY UNITED METHODIST CHURCH HEALTH AND WELFARE
Robert Carter, Pastor

Website: <http://www.gbgm-umc.org/calvary>

E-mail: calvumc@erols.com

We provide food distribution and have limited resources for other emergencies. Our motto is: "Growing together in faith, reaching out in love."

Location:

3235 Leonardtown Road (301) 645-5247
Waldorf, MD 20601 (301) 870-6711
Fax (301) 645-2585

Hours of Operation:

2nd & 4th Tuesdays 9:30 a.m. to 12:30p.m.

Appointment Policy:

Walk-ins accepted (at Parish House).

Service Area(s):

Charles County.

Donations Accepted:

Money, food, volunteered time or services.

Volunteer Coordinator:

Marsha Thompson (301) 645-5247
Kathy Peters

Services Offered:

Energy assistance, food, traveler's aid.

Eligible Populations:

Charles County residents, out-of-county travelers.

FIRST BAPTIST CHURCH OF ST. CHARLES FOOD BANK
Rev. Fred Caudle, Pastor

Website: www.fbcstcharles.com

E-mail: office.fbcsc@verizon.net

Location:

136 Stoddert Avenue (301) 645-4060
Waldorf, MD 20602 Fax (301) 645-9149

Appointment Policy: **Must call ahead** or have

a referral from the Interfaith Community Connection. Pantry is open Tuesday and Friday at 1 p.m. No walk-ins, please.

Methods of Payment: n/a

Service Area(s):

20602-20603 zip codes.

Services Offered: Food.

Eligible Populations: Residents of Waldorf/White Plains **may access the food pantry once every six months.**



Student Service Learning
PEACE LUTHERAN CHURCH
Rev. Craig Endicott, Pastor

Website: www.myplc.org

E-mail: plcwaldorf@aol.com

Peace Lutheran Church, an inclusive congregation of the Evangelical Lutheran Church in America (ELCA), is a people and place dedicated to serving God: serving the needs of individuals locally and internationally, through partnerships with other churches and programs as well as the larger church (ELCA). We commit ourselves to standing with the poor and powerless encouraging and mentoring young people, promoting excellence in worship and music, and offering hospitality to the stranger.

Location:

401 E. Smallwood Drive (301) 843-1832
Waldorf, MD 20602-2880 Fax (301) 870-8107

Hours of Operation (Food Pantry):

Wed. & Sat. 10:30 a.m. to 12:30 p.m.

Appointment Policy:

Walk-ins accepted during hours of operation.

Service Area(s) (Food Pantry): Waldorf, White Plains, Bryantown.

Donations Accepted:

Money, non-perishable food items.

Food Pantry

Emergency non-perishable food.

Services Offered: Food.

Eligible Populations: The general public.

Referral Policy: No referral is required; however, Peace Lutheran Church also works with the Interfaith Community Connection. Call (301) 374-9028. Leave a message to receive a response within 24 hours.

English as a Second Language (ESL) Classes

Peace Lutheran Church provides English as a Second Language (ESL) classes for any adult who wants to learn English or improve their skills in understanding, speaking, reading and writing English. These classes are appropriate for those who are beginning level students in English. No pre-registration process is required. Students should just come to any scheduled class where an assessment will be made to assure the class can meet the student's learning needs. Referrals will be made to other programs for those adults who are ready for intermediate level classes. ESL classes meet generally twice a week with one class in the evening and one class on the weekend. Classes and materials are free; child care may be available. Volunteer tutors from high school age through adults are also needed. Please contact the church office at 301-843-1832 for specific times of classes, or leave a message for additional information or to volunteer.

Service Learning Opportunities:

Stocking food in pantry; distributing food to recipients at pantry, under supervision of adult church members.

ESL classes provide "tutoring" opportunity for high school students to assist ESL teacher. In addition to participating in the class where the teacher presents the learning material, tutors generally work with one or a few students in reviewing and practicing the material the teacher has presented. It is not necessary for tutors to speak any foreign language.

Minimum age: High School.

Contact: Judy Rudolf (301) 374-6587
judithrudolf@comcast.net

**WORSHIP CENTER, THE
(SOUTHERN METHODIST
CHURCH)**

Rev. Steve Davis, Ph.D., Pastor

Website: <http://www.theworshipcenter.org>
E-mail: melissadavis@theworshipcenter.org

Our mission is to enable those who want to change how they feel or how they behave to use Biblical principles for rapid, massive change.

Location:

3075 Livingston Road
Bryans Road, MD 20616
Phone/Fax (call first) (301) 375-8655

Mailing Address:

P.O. Box 177
Bryans Road, MD 20616

Hours of Operation:

Monday – Friday 9:30 a.m. to 5:30 p.m.

Appointment Policy:

Scheduled appointment only.

Methods of Payment:

Sliding scale, self pay.

Service Area(s):

Charles, St. Mary's, Prince George's Counties.

Donations Accepted:

Money, furniture, food, appliances, autos, building materials, volunteered time or services.

Services Offered:

Personal and family counseling for depression, anger, alcohol and substance use. Specialized counseling for law enforcement personnel/agents and their families.

Eligible Populations:

All ages, the general public.

Life Skill Training & Assistance

Through personal coaching, counseling and group involvement, life skills and spirituality are modeled and principles,

tools and support offered.

Services Offered:

Counseling, crisis intervention, parenting skills/education, social skills training, child care.

Eligible Populations:

All ages; the general public.

CIVISTA HEALTH

Christine Stefanides, President and CEO

Website: <http://www.civista.org>

E-mail: civistatoday@civista.org

Civista Health's mission is to provide excellent care to each patient in a safe, caring and family-oriented environment. Civista fosters a healthier community providing service, education and access to care in concert with other community organizations.

Location #1 - Civista Medical Center:

5 Garrett Avenue (301) 609-4000
La Plata, MD 20646 Fax (301) 609-4037
Toll-free physician and service referral (888) 332-4847

Mailing Address:

P.O. Box 1070
La Plata, MD 20646

Services offered:

Inpatient hospital care, surgery, intensive and coronary care, emergency services, family birthing center, outpatient services, laboratory, radiology, rehabilitation, pain management, cardiac and pulmonary rehab, infusion service, sleep lab, cardiac catheterization, vascular procedures, and interventional services.

Location #2 - Civista Women's Health Center:

3510 Old Washington Road, Suite 100 (301) 609-5200
Waldorf, MD 20602 Fax (301) 609-5220

Services Offered:

Primary care for women, diabetes management program, nutrition, laboratory services, complementary therapies including massage and yoga, weight management for women, community education classes.

Appointment Policy:

Scheduled appointments and walk-ins.

Methods of Payment:

Private Health Insurance, self pay.

Service Area(s):

Southern Maryland.

Community Education

**Joyce Riggs, Manager, Health Promotions
301-609-4394**

Community and worksite education programs offered in seminars and activities providing information and skills necessary to modify behavior and reduce risk of disease and injury.

Services Offered:

Community health education, nutrition and fitness programs, parenting skills/education, healthy lifestyles, and speaker's bureau.

Eligible Populations:

The general public.

**COLLEGE OF SOUTHERN
MARYLAND**

Dr. Bradley Gottfried, President

Website: <http://www.csmd.edu>

Location #1:

8730 Mitchell Road
P.O. Box 910 (301) 934-2251
La Plata, MD 20646-0910 Fax (301) 934-7698

Location #2:

115 Williams Road (use P.O. box for correspondence)
P.O. Box 3709 (410) 550-6000
Prince Frederick, MD 20678-3709 Fax (410) 550-6105

Location #3:

22950 Hollywood Road (240) 725-5300
Leonardtown, MD 20650-4700 Fax (240) 725-5400

Location #4:

3261 Old Washington Road (301) 632-2900
Waldorf, MD 20602 Metro (301) 870-3008, ext. 2900
Automated Attendant (301) 870-2309, ext. 2900

Returning Women's Program

Julia Pitman, Program Coordinator

(301) 934-7765

E-mail: juliap@csmd.edu

The mission of the Returning Women's Program is to provide support for adult women entering or re-entering college through a structured re-entry program.

Hours of Operation:

Charles County Campus:

Monday - Friday 8:30 a.m. to 4:30 p.m.

Appointment Policy:

Scheduled appointments; walk-ins (information only)

Service Area(s):

Charles County.

Services Offered:

Returning Women Information Nights; academic advisement; registration assistance; special workshops related to women's issues, and a three-credit College Success Skills course focusing on the concerns of returning women students.

Eligible Populations:

Women over the age of 25 who are returning to the classroom.

Wellness, Fitness and Sports

Program

Dave Frock, Manager

**(301) 934-7725 Fax (301) 934-7697
(301) 870-3008, ext. 7725**

E-mail: Clifford@csmd.edu

Various courses offered in nutrition, fitness, aquatics and recreation. Special programs for seniors. Course schedules mailed to residents twice a year.

Hours of Operation:

Monday - Friday 8:30 a.m. to 5:00 p.m.

Methods of Payment:

Self pay.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Services Offered:

Continuing education, nutrition and public health education, fitness testing and screening, health and wellness classes, fitness exercise lab, sports

camps for kids.

Eligible Populations:

Individuals of all ages, families, and the general public.

Safe Communities Center

CC 111 – La Plata Campus

Linda A. Smith, Coordinator, Drug & Alcohol Education

(301) 934-7732

Fax (301) 934-7689

(301) 870-3008, x. 7040

E-mail: Lindasm@csmd.edu

The Safe Communities Center provides programming, information and resources to increase awareness of factors associated with the use and abuse of alcohol and other drugs including related health and safety issues. The center is also the home of the Drug Free Communities Support Program (DFC) for the Charles County Substance Abuse Advisory Coalition (The Coalition). Building partnerships to address prevention, intervention and treatment of alcohol, tobacco and other drugs towards use reduction is a primary goal of the DFC and The Coalition.

Hours of Operation:

Monday - Friday 8:30 a.m. to 4:30 p.m.

Appointment Policy:

Walk-ins are welcome, best to call first.

Service Area(s):

Charles, St. Mary's, Calvert counties

Donations Accepted:

volunteered time or services.

Services Offered:

Programs, printed materials, audio-visual aids and other resources related to these issues are available to CSM campuses and the Southern Maryland community.

Eligible Populations:

Individuals of all ages, agencies, organizations, CSM students, faculty and staff and the general public.

Volunteer Southern Maryland at the

College of Southern Maryland (See separate listing, p. 72.)

**COMMISSION FOR WOMEN,
CHARLES COUNTY**

Christine Marie Parker, Chairperson

301-392-1010

Website: <http://www.charlescounty.org/cccw>

E-Mail: cparker@pfadvisers.com

Serves as an advocate for women and family issues. Charles County Commission for Women members are appointed by the Charles County Commissioners.

Location:

Charles County Government Bldg.

200 Baltimore Street, P.O. Box 2150 (301) 645-0580

La Plata, MD 20646

Fax (301) 645-0560

Service Area(s):

Charles County.

Services Offered:

Advocacy, community outreach, information and referral.

Eligible Populations:

Women and families.

COMMUNITY MEDIATION CENTER

(See Charles County Community Mediation Center, p. 19).

COMMUNITY SERVICES – (See Charles County Department of Community Services, Charles County, p. 20.)



**COMPASSIONATE FRIENDS, THE,
SOUTHERN MARYLAND CHAPTER
Patricia Pruss, Charles County Coordinator**

E-mail: patricia.pruss@siliconvilla.com

The Compassionate Friends (TCF) is an international self-help support organization for families grieving the death of a child and provides information to help others be supportive. The Chapter serves Calvert, Charles and St. Mary's Counties.

Organization Address and Phone:

The Southern Maryland Chapter of The Compassionate Friends
P.O. Box 1427 1-(800) TCF-7301
Prince Frederick, MD 20678 Fax 1-(301) 884-5503

Monthly Meetings:

Charles County Group:

Date: 3rd Monday of month at 7:30 p.m.
Place: Good Samaritan Presbyterian Church
13025 Good Samaritan Dr.
(Route 5 across from Billingsley Road next to Grace Brethren Church), Waldorf, MD
Contact: Patricia Pruss (301) 934-8636
Patricia.pruss@siliconvilla.com
Connie Gerhardt (301) 373-4775

Calvert County Group meetings –

Date: 4th Monday of month at 7:30 p.m.
Place: Trinity United Methodist Church
90 Church Street, Prince Frederick, MD 20678
Contact: Carol Paschall (301) 855-3068
capaschall@chesapeake.net

Methods of Payment:

All services free; donations appreciated.

Service Area(s):

Charles, Calvert Counties.

Donations Accepted:

Money, books.

Services Offered:

Self-help support meetings, lending library, monthly newsletter, community education programs, workshops and a speakers' bureau for organizations, churches, groups, etc.

Eligible Populations:

Bereaved families, especially parents, grandparents and siblings in the Tri-County area.

**COOPERATIVE EXTENSION SERVICE,
CHARLES COUNTY – (See Maryland
Cooperative Extension, p. 51.)**

**CROHN'S & COLITIS FOUNDATION
OF AMERICA, MARYLAND/ SO.
DELAWARE CHAPTER**

Robert J. Milanchus, Regional Executive Director

Website: www.ccfa.org

E-mail: lluther@ccfa.org

Our mission is to cure and prevent Crohn's disease and Ulcerative Colitis through research, and to improve the quality of life of children and adults affected by these digestive diseases through education and support.

Location:

10400 Little Patuxent Parkway
Suite 270 (443) 276-0861
Columbia, MD 21044 (800) 618-5583
Fax (443) 276-0865

Hours of Operation:

Monday - Friday 9:00 a.m. - 5:00 p.m.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

\$30 basic membership.

Service Area(s): Statewide.

Donations Accepted:

Money, volunteered time or services.

Services Offered:

Community outreach, educational seminars, nutrition education, support groups, peer counseling.

Populations Served:

Individuals and health care professionals concerned with inflammatory bowel disease; the general public.

**CYSTIC FIBROSIS FOUNDATION
Robert J. Beall, Ph.D., President & CEO**

Website: <http://www.cff.org>

E-mail: info@cff.org

The Cystic Fibrosis Foundation was established in 1955 to

assure the development of the means to cure and control cystic fibrosis and to improve the quality of life for those with the disease.

Headquarters:

6931 Arlington Road, Suite 200 (301) 951-4422
Bethesda, MD 20814 (800) 344-4823
Fax (301) 951-6378

Maryland Chapter:

Josie Schaeffer, Executive Director
10155 York Road, Suite 101 (800) 731-2873
Bethesda, MD 20814
Maryland@cff.org

Metropolitan Washington Chapter:

Julianne Puzzo, Executive Director (877) 657-8444
6917 Arlington Road, Suite 308
Bethesda, MD 20814
Metro-dc@cff.org

Hours of Operation:

Monday through Friday 8:30 a.m. to 6:00 p.m.

Donations Accepted:

Money, volunteered time or services.

DIVORCE EDUCATION – (See Center for Children, p. 16.)

DORS (See Rehabilitation Services, Maryland Division of, p. 57.)

**ECONOMIC DEVELOPMENT DEPARTMENT, CHARLES COUNTY
Marcia Keeth, Acting Director**

Website: <http://www.ccbiz.org>

E-mail: keethm@charlescounty.org

The mission of the Charles County Economic Development Department is to create high-income jobs and increase the commercial and industrial tax base through business attraction, expansion and retention programs.

Location:

103 Centennial Street

Suite C
La Plata, MD 20646

(301) 885-1340
Fax (301) 885-1341

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:30 p.m.

Appointment Policy:

Walk-ins accepted.

Service Area(s):

Charles County.

EPILEPSY FOUNDATION OF THE CHESAPEAKE REGION

Lee Ann Kingham, Executive Director

E-mail: epilepsy-foundation.org

We assist people with epilepsy and other disorders to achieve their personal goals and reach their maximum potential. Services are tailored to support each person to live, work and socialize in his/her community.

Location #1:

Central Maryland Office
8503 Lasalle Road (410) 828-7700
Towson, MD 21286 Fax (410) 828-7708

Location #2:

Southern Maryland Office
132 Holiday Court, Suite 211 (410) 266-7941
Annapolis, MD 21401 (800) 966-7940
Fax (410) 841-2476

Location #3:

Prince George's/Montgomery County Office
1738 Elton Road, Suite 320 (301) 431-7740
Silver Spring, MD 20903 Fax (301) 431-7742

Location #4:

Western Maryland Office
5300 Westview Drive (301) 695-9505
Suite 408
Frederick, MD 21703

Location #5:

Charles County Office
Potomac Square Condominium (301) 392-3554
9375 Chesapeake Street, Suite 103
La Plata, MD 20646

Hours of Operation:

Monday through Friday 8:30 a.m. to 4:30 p.m.

Location #6:

Harford County Office
481 Market Street, Suite 100 (410) 272-3712
Aberdeen, MD 21001 Fax (410) 272-3892

Hours of Operation:

Monday through Friday 8:30 a.m. to 4:30 p.m.

Appointment Policy:

Walk-ins accepted. Home visits can be arranged.

Methods of Payment:

Services are free; donations welcomed.

Service Area(s):

Statewide.

Volunteer Coordinator:

Lynette Elliott (410) 828-7700
Director, Human Resources, So. MD office

Services Offered (All Locations):

Continuing, community and classroom education, vocational support, scholarships, employment counseling, supported employment, social supportive advocacy, social work services to adults and families, support groups, information and referral.

Eligible Populations:

Individuals with epilepsy and other related neurological disorders, their families, professionals and the general public.

EXPERIENCE WORKS, See Aging, Maryland Dept. of, p. 2.)

FAMILY CONNECTION CENTER OF CHARLES COUNTY

Laurel T. James, Executive Director

Website: www.tcysb.org

E-mail: ljames@tcysb.org

The Family Connection Center Serves as the ‘single point of access’ in Charles County, providing information on the resources available to families with children with intensive emotional and mental needs. The Center links families with community based services with the goal of reducing out-of-home placements.

Location #1:

Human Services Partnership (301) 885-1333
6 Garrett Avenue
La Plata, MD 20646

Mailing Address:

P.O. Box 2150
La Plata, MD 20646

Hours of Operation:

Monday through Thursday 8:30 a.m. to 8:00 p.m.
Friday 8:30 a.m. to 5:00 p.m.

Appointment Policy:

Walk-ins and emergencies accepted; flexible appointment times; home, school and other community locations visits can be arranged.

Methods of Payment:

All services are free.

Service Area(s):

Charles County.

Services Offered: Information, referral, Family Navigation, Systems Navigation, Advocacy, Family Support Groups.

Eligible Populations: Families with children up to age 21 with intensive needs, including the developmentally disabled and the mentally ill.

Referral Policy: Self referrals. Referrals are also accepted from the Department of Social Services, the Mental Health Authority/Department of Mental Health, the Department of Juvenile Services, and other community-based agencies.

FOUNDATIONS FOR HOME AND COMMUNITY

Jeffrey Davidson, LCSW-C, LICSW, Program Manager

E-mail: jeffrey.davidson@absfirst.com

Family-focused, strength-based, culturally competent and treatment oriented foster care services for children and adolescents who need out of home placement. Our treatment foster parents, trained in the PRIDE model, offer a caring and nurturing home environment.

Location #1:

2670 Crain Highway, Suite 402 (301) 396-4105
Waldorf, MD 20601 (Fax) (301) 396-5733

Hours of Operation:

Monday through Friday 8:30 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointments, home visits.

Methods of Payment:

Purchase of Care, payment through referring agency.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Anne Arundel, Montgomery, Howard, Baltimore Counties.

Services Offered: Short- and Long-term treatment foster care services which include clinical case management, crisis intervention and advocacy for clients and their foster families, as well as education and skills training for foster parents; "emergency" and respite referrals accepted.

Eligible Populations: Children up to age 21 and their families, including the developmentally disabled and the mentally ill.

Referral Policy: Referral must come from the Department of Social Services, the Mental Health Authority/Department of Mental Health, or the Department of Juvenile Services.

4-H PROGRAM – (See Maryland Cooperative Extension, p. 51.)

FREEDOM LANDING - (See Charles County Freedom Landing, p. 23).



Student Service Learning

GIRL SCOUT COUNCIL OF THE NATION'S CAPITAL

LaDonna Mohler, Field Director serving Charles County

Website: www.gscnc.org

E-mail: lmohler@gscnc.org

Our mission is to inspire girls with the highest ideals of character, conduct, patriotism and service so that they may become happy and resourceful citizens. Girl Scouting is where girls grow strong.

Location #1 (Area A: Southern Maryland & Pr. George's):

Livingston Square Shopping Center (301) 449-5690/91
9550 Livingston Road, D-1 (301) 449-9597/98
Fort Washington, MD 20744 (800) 834-1702
Fax (301) 449-5732

Location #2:

4301 Connecticut Avenue, N.W. (202) 237-1670
Washington, D.C. 20008 (800) 523-7898
Fax (202) 274-2161

Office Hours:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Meeting Times:

Call for schedule of troop meeting times and places.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Other Languages:

Written materials translated into Spanish, Vietnamese, Korean.

Donations Accepted:

Money, volunteered time or services, gifts-in-kind.

Volunteer Coordinator:

LaDonna Mohler (800) 834-1702
or (301) 449-5690, ext. 24

Comprehensive Youth Program

Jan Verhage, Director

The Girl Scout Program is values-based and educational, allowing girls to develop their fullest potential in an atmosphere of trust and cooperation within the troop setting.

Services Offered:

Community outreach; social skills training, youth program.

Eligible Populations:

Girls ages 5-17.

Service Learning Opportunities:

Yardwork, painting, cleaning at Camp Winona; helping with troop activities; teaching songs, crafts and games at summer camp; teaching Scouts a special skill such as a sport, dancing, photography, craft, etc.; set-up, cleanup, camping, helping with younger Scouts at a Girl Scout event.

Minimum age: 13.

Contact: LaDonna Mohler
(301) 449-5690
lmohler@gscnc.org



Student Service Learning

GREATER BADEN MEDICAL SERVICES, INC.

Sarah Leonhard, M.D., Executive Director

Website: www.gbms.org

E-mail: GBMS@aol.com

Our mission is to provide health services and facilitate health promotion/disease prevention for the individuals served, regardless of ability to pay.

Location #1:

13605 Baden Westwood Road (301) 888-2233
Brandywine, MD 20613 Fax (301) 888-9133

Hours of Operation– Location #1:

M, T, W, F 9:00 a.m. to 5:00 p.m.
Thursday 11:00 a.m. to 7:00 p.m.

Location #2:

Nanjemoy Health Services (301) 246-4031
4375 Port Tobacco Road (301) 753-4630
Nanjemoy, MD 20662 Fax (301) 753-4562

Hours of Operation – Location #2:

Tuesday - Friday 8:30 a.m. to 4:30 p.m.

Appointment Policy:

Appointments preferred; walk-ins accepted.

Methods of Payment:

Private health insurance, Medicare, medical assistance, sliding scale, self pay.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Other Languages:

Spanish.

Donations Accepted:

Money, medical supplies and equipment.

Primary Health Care Program

Samuel Croff, M.D., Medical Director

Provides physical examinations, health promotion, disease prevention and treatment, well child care, laboratory services and immunizations to persons of all ages.

Services Offered (Locations #1 and #2):

Case management, communicable disease control, clinical services, testing and screening, school health services (at health centers).

Eligible Populations:

Adults and children of all ages, including the physically/developmentally disabled, the mentally ill, and the chemically dependent.

Dental Services Program

Charmaine Cha-Camp, D.D.S.

Primary dental care, including cleaning, fillings and extractions. Medical assistance accepted.

Services Offered (Locations #1 & #2):

Dental Services.

Eligible Populations:

Adults and children of all ages, including the physically/developmentally disabled, the mentally ill, and the chemically dependent.

Mental Health Services

Mary Shaughnessy, Ph.D.

Primary mental health services including evaluation, counseling and medication management.

Services Offered (Locations #1 and #2):

Counseling, crisis intervention, parenting skills/education, psychiatric services, therapy, psychological evaluation. **Eligible Populations:** Adults and children of all ages, including the physically/developmentally disabled, the mentally ill, and the chemically dependent.

Service Learning Opportunities:

Filing, data entry.

Minimum age: 16.

Contact: Mary McCaskill
(301) 599-0461
mmcaskill@gbms.org



HABITAT FOR HUMANITY IN CHARLES COUNTY, INC.
Jackie Van House, Office Manager

E-mail: email@nomoreshacks.org

Habitat for Humanity in Charles County is a Christian-based ministry. Habitat works in partnership with volunteers, churches, donors, businesses and local government to build decent and affordable housing for families in need. We help empower families through home ownership, thereby creating a better community in which to live and work.

Location:

10250 La Plata Road (301) 392-0770
 La Plata, MD 20646 Fax (301) 392-9839

Mailing Address:

P.O. Box 2734
 La Plata, MD 20646

Hours of Operation:

Monday through Friday 8:30 a.m. to 4:30 p.m.

Methods of Payment:

"Sweat equity" and payments geared to the Habitat family's budget. Loan repayment varies between 20 and 30 years.

Service Area(s):

Charles County.

Donations Accepted:

Land, new home improvement items, new/like new household items, volunteered professional services, volunteers, time and money.

Services Offered:

Home ownership, housing development, loan packaging, and family nurturing assistance. **Habitat for Humanity does not provide transitional housing.**

Eligible Populations:

Low-income families living in sub-standard housing conditions. Selection criteria based on a family's need, willingness to partner with Habitat, and eligibility to pay a low mortgage.

Service Learning Opportunities:

Construction activities (painting, lumber, yard work, drywall, vinyl), landscaping, office administration.

Minimum age: 16.

Contact: Jackie Van House
 (301) 392-0770
email@nomoreshacks.org

HARC – (See Charles County Association for Handicapped and Retarded Citizens, Inc., p. 18.)



Student Service Learning

HEALTH DEPARTMENT, CHARLES COUNTY

C. Devadason, M.D., D.P.H., Health Officer

Faye Reed, M.S., Deputy Health Officer

Website: <http://www.charlescountyhealth.org>

The mission of the Charles County Department of Health is to protect, promote and assure the health of the community and its citizens. We respond to the health care needs of the County by providing health services, health education, disease detection and prevention, and a safe environment with integrity, sensitivity and quality, professional care.

Location:

4545 Crain Highway (301) 609-6900
 P.O. Box 1050 Fax (301) 934-0848
 White Plains, MD 20695
 MD Relay Service (800) 735-2258 MDTTY/VOICE

Hours of Operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.
 (Some programs may have evening hours.)

Disability Services Division

Linda Abell Blake, Division Director

(301) 609-6830

Fax (301) 609-6990/91

Hours of operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Appointment Policy:

Walk-ins accepted, house calls can be arranged.

Service Area(s):

Charles County

Services Offered:

Resource coordination (assists individuals with developmental disabilities to obtain services and supports). Funding for purchase of services such as respite, supplies and equipment.

Eligible Populations:

Individuals with developmental disabilities and their families.

Environmental Health Division

Mark Williams, R.S., Director

(301) 609-6751

Fax (301) 934-0254

The goal of the Division of Environmental Health is to protect public health by providing a safe and healthy environment.

Hours of operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.
(After hours, *in case of emergency only*, call 301-609-3599 and ask for the on-call sanitarian.)

Services Offered:

Testing, sampling, inspections and permits relating to drinking water, air quality, food establishments, camps, pools, sanitary surveys, exotic birds, beaches, noise ordinance complaints, on-site sewage disposal, sewage overflows, stream sampling, and communicable disease control (i.e., rabies and food-borne outbreaks).

Eligible Populations:

General public.

Health Promotion and Education**Services**

(301) 609-6931

Fax (301) 609-6937

Provides programs and information on smoking cessation, nutrition, health, disease and injury prevention.

Hours of Operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointment.

Service Area(s):

Charles County.

Services Offered:

10 week Quit Smoking classes with optional use of nicotine patch, "quit kits" and individual counseling. Educators are available to conduct presentations, activities and health fairs for community groups, churches, schools and businesses. Topics include: nutrition, tobacco prevention, employee wellness, disease and injury prevention, stress management, violence prevention, health risk assessments and general wellness.

Eligible Populations: General public - all ages.

Service Learning Opportunities: Making educational packets; assisting with outreach activities.

Minimum age: 18.

Contact: Angela Jacks
(301) 609-6931
angiej@dhmh.state.md.us

Mental Health Center

Paul Donato, Ph.D., Director

(301) 609-6700

Fax (301) 609-6741

The mission of this program is to provide quality outpatient mental health care to alleviate the problems caused by mental illness.

Hours of Operation:

| | |
|-----------------|------------------------|
| Monday, Tuesday | 8:00 a.m. to 7:00 p.m. |
| Wed., Thurs. | 8:00 a.m. to 7:00 p.m. |
| Friday | 8:00 a.m. to 5:00 p.m. |

Methods of Payment:

Medical assistance, commercial insurance, Medicare, self-pay, uninsured.

Service Area(s):

Southern Maryland.

Services Offered:

Counseling, psychiatric services, therapy, psychological and psychiatric testing and evaluation, social work services to adults.

Eligible Populations:

General public.

Nursing & Community Health**Services**

Manjula Paul, RN, BSN, MA, Director

(301) 609-6900

Fax (301) 934-7048

Appointments (301) 609-6900, ext. 6018

Client Consult: (301) 609-6900, ext. 6024

The mission of Nursing and Community Health Services is to be proactive in identifying the health care needs of the community and to take a lead in responding to those needs. Our response will be to provide personal health care services, health education, disease detection and prevention to promote health and well being of our citizens.

In an effort to build a healthier community, our division offers the following services to the community (dedicated staff available for Spanish translation):

- Adult Evaluation and Review Services (AERS)
(301) 609-6820 or (301) 609-6841
- Cancer Screening Services
 - Breast and Cervical (301) 609-6816
 - Colorectal (301) 609-6843
- Child and Adult Immunizations (301) 609-6900, ext. 6018
- Family Planning, Colposcopy and Women's Health (301) 609-6900, ext. 6018
- HIV/AIDS Program
 - Prevention/Education (301) 609-6811
 - Counseling/Testing (301) 609-6900, ext. 6025
 - Services/Case Management (301) 609-6811
- Maryland Children's Insurance Program (301) 609-6837
- Maternal and Child Health, Healthy Start, ACCU (301) 609-6900, ext. 6024
- Child Abuse/Neglect Prevention (301) 609-6833
- Personal Care (301) 609-6879

- School Health (301) 609-6851
- Women, Infant and Children's Program (301) 609-6857, (301) 609-6858 or (877) 631-6182

Maryland Children's Health**Program**

Mary Langley, Program Contact

(301) 609-6837

Fax (301) 609-6899

The mission of the Maryland Children's Health Program (MCHP) is to improve the health and well being of Charles County's pregnant women and children by providing health insurance for income-eligible children and pregnant women.

Hours of Operation:

Monday - Friday 8:00 a.m. to 4:00 p.m.

Appointment Policy:

Applications available at agency.

Service Area(s):

Charles County.

Services Offered:

Medical Insurance for **pregnant women** includes, but is not limited to: prenatal visits, lab tests, sonograms, prescriptions, delivery fees, hospitalizations and dental care.

Medical Insurance for **children** includes, but is not limited to: well-child visits, immunizations, sick care, hospitalization, eye care, lab tests, prescriptions and dental care.

Populations Served:

Income-eligible pregnant women and children ages 0-19 years. Citizenship criteria must be met.

Southern Maryland WIC**Program**

Sandra K. Webb, Coordinator

The mission of the Southern Maryland WIC Program is to provide supplemental foods and nutrition education to income-eligible women, infants and children in Charles, St. Mary's and Calvert counties.

Location #1 (Monday - Friday):

4545 Crain Highway (301) 609-6857
P.O. Box 1050 (877) 631-6182
White Plains, MD Fax (301) 934-0922

Location #2 (Monday - Wednesday):

Calvert County Health Dept. (410) 535-5400
975 Solomon's Island Road North
Prince Frederick, MD 20678

Location #3 (Monday - Friday):

So. MD WIC Program (301) 737-5562
46935 Shangri-La Drive, Suite 12
Lexington Park, MD 20653

Location #4 (Tuesday - Friday):

St. Mary's Co. Health Dept. (301) 475-4362
P.O. Box 316
21580 Peabody Street
Leonardtown, MD 20650

Location #5 Mondays only):

Family Health & Wellness (877) 631-6182
Center
225 Town Square Drive, Suite 3
Lusby, MD 20657

Appointment Policy:

By appointment only, with exception for special circumstances. Evening hours available.

Service Area(s):

Charles, St. Mary's, Calvert, So. Prince George's Counties.

Other Languages:

Interpreter available.

Donations Accepted:

Volunteered time or services.

Services Offered:

Nutrition Education, food, nutrition screening.

Eligible Populations:

Income/nutrition-eligible women, infants and children to age 5.

Substance Abuse Treatment and Prevention Services

Shirley Lamb, MA, LCADC, Director
(301) 609-6600
Fax (301) 934-1234

Our mission is to be an integral part in a fully

developed continuum of care to prevent and/or reduce alcohol or other drug abuse in the community. We strive to help individuals, families and the community to recover from the detrimental effects of substance abuse and addiction. Our goal is to provide prevention, intervention, treatment and referral services to all who request help, so that they can lead healthy, productive and satisfying lives.

Hours of Operation:

Monday - Thursday 8:00 a.m. to 9:00 p.m.
Friday 8:00 a.m. to 5:00 p.m.

Appointment Policy:

Counseling by appointment only. Walk-in screening available Monday - Friday.

Service Area(s):

Charles County.

Other languages:

Spanish.

Donations Accepted:

Money, volunteered time or services.

Services Offered:

Substance abuse prevention, early intervention, assessment, education, individual and group counseling, including Intensive Outpatient, family education and counseling, and referral services. Also, Spanish speaking assessment and treatment services, as well as psychiatric services, urine and breath testing are available for our clients.

Eligible Populations:

Individuals of all ages, including the chemically dependent, families, and the general public.

Prevention Services

Allen Evans, Coordinator

(301) 609-6631; Fax (301) 934-1234

Our services include Prevention Outreach to local citizens of all ages. We provide Science Based Prevention Programs approved by the Alcohol and Drug Abuse Administration and assist schools, churches and other community organizations by providing education and technical assistance to implement proven prevention strategies developed to reduce substance abuse in our community.

Hours of Operation:

Monday - Friday 8:00 a.m. to 4:30 p.m.



Student Service Learning

HEALTH PARTNERS FREE CLINIC

Tim Brown, Executive Director

E-mail: tbrown@healthpartnersinc.org

A non-profit organization providing primary medical care and health education to adults in Charles County and pediatric dental services for Charles County residents.

Location:

3070 Crain Highway, Suite 101 (301) 645-3556
Waldorf, MD 20601 Fax (301) 645-3932

Hours of Operation:

Monday 8:30 a.m. to 4:30 p.m.
Tuesday, Thursday 8:00 a.m. to 8:00 p.m.
Wednesday 12 n. to 8:00 p.m.
Friday 8:00 a.m. to 6:00 p.m.
Saturday 8:00 a.m. to 2:00 p.m.

Appointment Policy:

Appointments recommended; some walk-in services provided. Clients can usually be seen within a week.

Methods of Payment:

\$2.00 donation for services.

Other languages:

Spanish

Donations Accepted:

Money, autos, volunteered time or services.

Services Offered:

Community outreach, classroom education, nutrition and health education programs, case management, clinical health services, health testing and screening.

Eligible Populations:

All, including the developmentally and physically disabled, and the chemically dependent. Income eligibility restrictions apply.

Service Learning Opportunities:

Project/special event support; clerical assistance; yardwork and landscaping; making educational packets.

Minimum age: 18

Contact: Tim Brown
(301) 645-3556

HOMELESS ADVOCACY ASSOCIATION - (See Robert J. Fuller Transitional House, p. 57.)



Student Service Learning

HOSPICE OF CHARLES COUNTY, INC. Dixie Poe, President & CEO

Website: <http://www.hospiceofcharlescounty.org>

E-mail: info@hospiceofcharlescounty.org

Hospice is a common sense, holistic approach that embraces all individuals diagnosed with a life-limiting condition – regardless of their disease or injury, medical insurance or ability to pay. Family caregivers, assisted by trained volunteers, coalesce with clinical and support staff to provide exceptional end-of-life and palliative care – typically in the privacy, convenience and comfort of a patient’s home. To ensure that a patient’s wishes, dignity and quality of life are preserved during the precious remaining time, effective pain and symptom management are regarded as central, along with any emotional and spiritual issues.

Location:

105 La Grange Avenue Toll Free (888) 934-1268
P.O. Box 1703 (301) 934-1268
La Plata, MD 20646 Fax (301) 934-6437

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:00 p.m.
Urgent support 24 hours a day, 7 days a week

Admission Policy:

Intakes and assessments can be arranged to accommodate patients and their families.

Methods of Payment:

Medicare, Medicaid, VA and most private insurance and managed care plans. Military personnel and dependents may receive hospice care under Tricare. Community support helps to fund services for patients with little or no insurance, as well as education and bereavement programs for men, women and children.

Service Area(s):

Charles County.

Other Languages Spoken:

Interpreters available upon request/need.

Donations Accepted:

Money, office equipment/supplies, teddy bears, volunteered time or services.

Volunteer Coordinator:

Susie Loomis (301) 934-1268

Services Offered: nursing care, social services, physician services, counseling services (including spiritual and dietary), home care aides, bereavement services and volunteers. Short-term, inpatient care (for respite, pain control and symptom management), continuous care in the home, and medical equipment, supplies and medications are available. Additional services may be offered as needed.

Eligible Populations: A person is eligible for hospice care if a physician certifies the patient as having a terminal illness with a life expectancy of approximately six months or less. The patient, family, friend or health care professional may request hospice services. Hospice will assist in communication with the physician regarding the patient's prognosis. Hospice is available to all terminally ill individuals and their families, regardless of their age, gender, nationality, creed, sexual orientation, physical condition, availability of primary caregiver, or ability to pay.

Service Learning Opportunities: Filing, handwriting thank-you notes, data entry, packet assembly. Hours 12:00 n. – 4:00 p.m. Own transportation required.

Minimum age: 16

Contact: Susie Loomis
(301) 934-1268

Website: <http://www.charlescounty.org/hsp>

The Human Services Partnership is responsible for the planning, coordination, and evaluation of human services programs in Charles County. Within this broad mission, the Partnership serves as a merger between the County's Local Management Board (LMB) and Core Service Agency (CSA). The LMB provides the monitoring and oversight to programs that serve children, youth and families via grants provided by the Governor's Office for Children. The CSA provides the monitoring and oversight to programs that serve adults and children with mental health disorders via grants funded by the Department of Health and Mental Hygiene. Excluding advocacy and information and referral services, the Partnership does not provide direct care services; however, it contracts with public and private agencies to provide these services. Services cover a wide spectrum of community needs including (but not limited to): after school care, family preservation, home visiting, mental health care, and transportation. The Human Services Partnership also provides assessment and referral services to families that need the help of Charles County Human Services Agencies, through the Family Connection Center (see separate listing, p 35).

Location:

6 Garrett Avenue (301) 396-5238
 La Plata, MD 20646 Fax (301) 396-5248

Mailing Address:

P.O. Box 2150
 La Plata, MD 20646

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:30 p.m.

Service Area(s):

Charles County.

Referral Policy: Referral must come from the mental health provider from which consumer or family member is receiving services.

HUMANE SOCIETY OF CHARLES COUNTY

Anita Bowie-Marsh, President

Website: <http://www.humanesocietycc.org>

E-mail: jstuller@humanesocietycc.org

HSCC operates its own shelter for the rehabilitation/adoption of injured/abused pets; provides lost and found information and assistance, offers spay/neuter services, low cost rabies clinics, and humane and environmental education programs and resources. Pet therapy program.

Location:

71 Industrial Park Drive (301) 645-8181
P.O. Box 1015 Fax (301) 870-6905
Waldorf, MD 20604

Hours of Operation:

Mon., Tues, Wed., Fri. - Sat. 11:00 a.m. to 6:00 p.m.
Thursday 1:00 p.m. to 6:00 p.m.
Closed Sunday.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

Self pay for adoptions. Many services free.

Service Area(s):

Charles County.

Donations Accepted:

Money, furniture, appliances, building materials, volunteered time or services.

Volunteer Coordinator:

Dawn Nevitt (301) 645-8181

Lending Library

Stacy Cage, Program Coordinator

Maintains a large library of humane and environmental education material including books, videos, teaching guides and other educational resources. Available to county residents as well as public and private schools.

Services Offered:

Community outreach

Eligible Populations:

General public.

Humane Education Program

Stacy Cage, Program Coordinator

Offers to all county public schools, private schools, home schools, day care centers, senior centers and independent groups a variety of humane and environmental education programs presented by Humane Society Education Team members with backgrounds in education and biology. Facility tours accompanied by an education program are also available. All programs include distribution of humane and environmental education materials to teachers and participants.

Services Offered:

Classroom education, facility tours.

Eligible Populations:

All ages; the general public.

Humane Society Story Time

Stacy Cage, Program Coordinator

Gathers weekly throughout the school year for children ages 3-4. Activities include animal related stories, songs, finger plays, crafts and guest speakers. Each activity encourages humane treatment of other living things.

Services Offered:

Community outreach.

Eligible Population:

Children ages 3-4.

KIND Club Program

Stacy Cage, Program Coordinator

Sponsors Kids In Nature's Defense Club, meeting monthly throughout the school year for children ages 5-10. Activities include guest speakers, arts and crafts, snacks and games that promote humane and environmental values.

Services Offered:

Community outreach.

Eligible Populations:

Children ages 5-10.

Humane Education Newspaper

Program

Stacy Cage, Program Coordinator

Provides subscriptions to KIND News (humane education newspaper for children) to public and private elementary schools and daycare centers in the county.

Services Offered:

Classroom education.

Eligible Populations:

School age children and their teachers.

Junior Volunteer Program

Dawn Nevitt, Program Coordinator

Sponsors a volunteer program at the shelter for adolescents ages 14-18, which gives them experience in day-to-day operations of a public service organization.

Services Offered:

Community outreach

Eligible Populations:

Adolescents ages 14-18

Rabies Clinics

Jean Stuller, Program Coordinator

Sponsors several county-wide rabies clinics a year, offering vaccinations for pets at a nominal cost to county citizens.

Services Offered:

Rabies control

Eligible Populations:

General Public.

Spay/Neuter Program

Anne Gardiner, Program Coordinator

Offers reduced-cost, sliding-scale spay/neuter program to families of all income levels.

Services Offered:

Pet population control, public assistance

Eligible Populations:

General Public.

Pet Therapy Program

Anita Bowie-Marsh, Program Coordinator

Trained Humane Society personnel make regular visitations with owned pets to residents of county nursing homes, senior centers, schools and community groups.

Services Offered:

Community outreach

Eligible Populations:

The elderly.

TWLA Program

Karen Beach, Program Coordinator

Sponsors Teens Who Love Animals for ages 10-13, meeting monthly the participants will plan projects that will help animals in the community. Participants are challenged to read animal related books to receive incentives.

Services Offered:

Community outreach

Eligible Populations:

Children ages 10-13

Service Learning Opportunities:

Assist at shelter with cleaning, feeding and caring for animals; help younger children with crafts and activities at KIND Club; review and offer feedback on educational videos; assist with fundraising activities; redesigning/preparing educational pamphlets.

Minimum age: 14.

Contact: Dawn Nevitt
(301) 645-8181

INFANTS AND TODDLERS PROGRAM CHARLES COUNTY

Linda Abell Blake, Program Director

Website: charlescountyhealth.org

E-mail: lindab@dhhm.state.md.us

The Charles County Infants and Toddlers Program, is committed to supporting families in their efforts to improve their child's quality of life through coordinated

early intervention services. Services are provided to children birth through 2 years who may be experiencing developmental delays or have disabilities.

Location:

4545 Crain Hwy. (301) 609-6808
White Plains, MD 20695 Fax (301) 609-6690/91

Mailing Address:

P.O. Box 1050
White Plains, MD 20695

Administrative Hours:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Appointment Policy:

Walk-ins accepted. House calls may be arranged.

Methods of Payment:

Some services are free.

Service Area(s):

Charles County

Services Offered:

Evaluations and assessments for children from birth to the third birthday. Special instruction, physical/occupational/speech/language therapy, audiology, parent education and service coordination. Other services may be provided based on family need.

Eligible Populations:

Children ages birth through two years old with developmental delays and their families.



JUDE HOUSE, INC.

Denis A. Brien, Executive Director

E-mail: judehouse@comcast.net

Jude house provides residential drug and alcohol dependence treatment. Clients live in and work out in the community. Treatment lasts a minimum of four months and includes professional assessment along with individual and group counseling. Medical, vocational, legal, social and transportation services are provided to clients or coordinated by the program if client need exceeds the scope of program resources.

Location:

9505 Crain Hwy. (301) 932-0700
Bel Alton, MD 20611 (301) 753-9025
Fax (301) 609-9236

Mailing Address:

P.O. Box 1057
La Plata, MD 20646
Administrative Hours (301) 609-9236

Monday through Friday 8:00 a.m. to 4:00 p.m.

Appointment Policy:

Scheduled appointment only. Call during administrative hours to schedule.

Methods of Payment:

Self pay. Fee for room, board, program, and urine screen. Limited financial assistance is available.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Donations Accepted:

Money, furniture, food, clothing, appliances, autos, building materials, volunteered time or services.

Volunteer Coordinators:

Ronda Waugh, Barbara Carter (301) 932-0700

Services Offered:

Drug/Alcohol treatment, counseling, urinalysis, transitional housing.

Eligible Populations:

Adult men and women over age 19.

Referral Policy:

Clients seeking funded bed space must be referred by Charles County Health Department's Substance Abuse Services Division (see page 41.)

KIWANIS CLUB OF WALDORF

Kelley Jennings, President

Kiwanis is a worldwide service organization of women and men who share the challenge of community and world improvement.

Mailing Address:

P.O. Box 723
Waldorf, MD 20604

Meeting time:

Wednesdays 7:30 a.m. to 8:30 a.m.

Service area:

Charles County.

Donations Accepted:

Money, volunteered time or services.

Services Offered:

Financial assistance services, special population services, seasonal donations. Also provides volunteer workers for community service projects.

Eligible Populations:

The general public.

Kiwanis Club of Waldorf Foundation

When all other local, state and federal assistance is exhausted, the Foundation can offer financial assistance to families dealing with the financial, physical and emotional pain associated with childhood illness or injury, life threatening or not.

To be eligible for assistance a family must show proof that financial assistance is needed and that they have the legal responsibility of caring for an ill or injured child. To seek assistance, mail a letter requesting an application to: The Kiwanis Club of Waldorf Foundation, P.O. Box 723, Waldorf, MD 20604.



LEGAL AID BUREAU, INC.

Seri Wilpone, Chief Attorney

Website: <http://www.mdlab.org>

E-mail: southern-md@mdlaborg

The Southern Maryland office of the Legal Aid Bureau is located in Hughesville, MD and provides civil legal services to residents of Calvert, Charles, and St. Mary's Counties.

Southern Maryland Office:

| | |
|-----------------------------|--------------------|
| 15364 Prince Frederick Road | (301) 843-5850 |
| P.O. Box 249 | (301) 932-6661 |
| Hughesville, MD 20637 | (410) 535-3278 |
| | (301) 884-5935 |
| | Fax (301) 274-0713 |

Location #2:

| | |
|-------------------------|----------------|
| 500 E. Lexington Street | (410) 951-7777 |
|-------------------------|----------------|

Baltimore, MD 21202

Senior Hotline (800) 999-8904

TTY (800) 458-5340

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Appointment Policy:

Individuals who want legal representation are encouraged to call the office to be screened for eligibility for services. Individuals seeking representation can come to the office to be screened, but may not be able to confer with an attorney immediately.

Methods of Payment:

Services are free.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, furniture, building materials, volunteered time or services, office equipment.

Volunteer Coordinator:

Seri Wilpone (301) 932-6661

Services Offered: General legal services provided to financially eligible individuals in the areas of (1) consumer, debt problems, and some bankruptcy; (2) housing, especially public and subsidized; (3) public benefits, including Supplemental Security Income (SSI), medical assistance, Temporary Cash Assistance (TCA), food stamps and unemployment benefits; (4) contested custody matters other than divorce. The office also provides general civil legal services to seniors (60 years of age and over), regardless of income, in the aforementioned areas as well as Medicare and other health issues; (5) school enrollment, education access for homeless, involuntary long-term suspension or expulsion; (6) employment matters (FMLA, wage hour claims, preservation of employment). The office represents children in need of assistance cases in the Juvenile Court. The Legal Aid Bureau operates a statewide **Senior Hotline** to offer legal advice and referral services to provide an immediate answer to basic legal questions. The number is (800) 999-8904. The Bureau also provides services to seniors in nursing home discharge, assisted living, and long-term care on a statewide basis. The number to call is (800) 367-7563.



Student Service Learning

LIFESTYLES OF MARYLAND FOUNDATION, INC.

Sandy O. Washington, Executive Director
Diane Warren – Assistant to the Executive Director
Sonie Jones – Director of Education
Dana Harty – Program Services/Safe Nights Project Manager
Corae Briscoe – Support Services Director

Website: <http://www.lifestylesofmd.com>

E-Mail: cbriscoe@lifestylesofmd.org

By drawing on our own resources and networking with other area agencies and organizations, we seek to provide affordable, accessible services, activities and goods to support and encourage individuals, families and community.

Location #1:

LifeStyles of Maryland Foundation, Inc.
Compassionate Center 301) 609-9900
612 E. Charles Street Toll Free (866) 293-0623
La Plata, MD 20646
Email: cbriscoe@lifestylesofmd.org

Location #2:

Compassionate Center
Satellite Office Toll Free (866) 293-0623
651 Piscataway Court Fax (301) 609-9800
La Plata, MD 20646

Mailing Address:

P.O. Box 1794
La Plata, MD 20646

House of Operation:

Monday through Friday 9:30 AM – 5:30 PM
Saturday and after hours by appointment only

Appointment Policy:

Walk-ins accepted; home visits can be arranged.

Service Area(s):

Charles, Calvert, St. Mary's, Prince George's Counties and beyond.

Donations Accepted:

Money, volunteered time or services, nonperishable food items, building materials, clothing.

Volunteer Coordinator:

Corae Briscoe 301-609-9900 Ext 214

Services Offered: Employment and entrepreneurial development training, parenting skills, education, educational scholarship (Melvin R. Batten Performing Arts Scholarship) Youth Council Program, social skills training, training for businesses, supported employment; rent/mortgage/energy assistance, food, credit and housing counseling, long-term/short-term/emergency housing placement, low income home ownership/rental, social supportive services, legal advocacy, emergency financial assistance, cancer and HIV outreach and assistance, Positive Action mentoring and youth after school program. Provides shelter for the homeless November 1 through March 31st through the "Safe Nights Program" Provides transitional housing for county residents in need of temporary shelter.

Service Learning Opportunities:

Preparing food packages and/or outreach packets; making telephone calls; clerical assistance, helping with clothing closet and special events.

Minimum age: 14.

Contact: Corae Briscoe
(301) 609-9900
cbriscoe@lifestylesofmd.org

LINKS FOR YOUTH

Markeeta Dixon, LGSW, Program Director

Website: www.links4youth.org

LINKS for Youth provides targeted case management services that are designed to assist young people who have been diagnosed with a mental health difficulty and their families. Qualified and specially trained professionals assess and coordinate the supports and services necessary to help children and adolescents live successfully at home and in the community. Case managers work with a youth's family in coordinating with school systems, mental health professionals, DSS, DJS and other local agencies in developing an individualized comprehensive mental health service plan. Families referred for mental health case management services are full participants in all aspects of the planning and delivery of services.

Location:

30049 Business Center Drive (301) 884-0312

Charlotte Hall, MD 20622

Fax (301) 274-4039

Mailing Address:

P.O. Box 311
Charlotte Hall, MD 20622

Hours of Operation:

Monday through Friday 8:30 a.m. - 4:30 p.m.
(extended hours can be arranged to accommodate clients' needs)

Appointment Policy:

Walk-ins accepted; home visits can be arranged.

Methods of Payment:

Medical assistance; self pay; Purchase of Care.

Service Area(s):

Charles, Calvert, St. Mary's Counties.

Services Offered:

Case management, social supportive advocacy, 24-hour staffed helpline.

Eligible Populations:

Children and adolescents to age 18 and their families.



LIONS CAMP MERRICK

Gregory V. Floberg, Development/Executive Director

Website: <http://www.lionscampmerrick.org>

E-mail: cmpmerrick@aol.com

Provides camping opportunities for children who are deaf, hard of hearing, blind, or who have diabetes. Our mission is to give each camper a fun summer to remember in an educational atmosphere that promotes creative expression, social growth, self-confidence and self reliance.

Location #1:

3050 Crain Highway, Suite #202 (301) 645-5616
Waldorf, MD 20601 Fax (301) 374-2282

Mailing Address for Location #1:

P.O. Box 375
Waldorf, MD 20604

Location #2:

3650 Rick Hamilton Place (301) 870-5858
Nanjemoy, MD 20662 Fax (301) 246-9108

Mailing Address for Location #2:

P.O. Box 56
Nanjemoy, MD 20662

Hours of Operation:

Monday through Friday 9:00 a.m. – 5:00 p.m.
During camping season (June-August) 24 hours

Appointment Policy:

Scheduled appointment only.

Methods of Payment:

Self pay (Cash, Check, VISA, MC), sliding scale, scholarships for qualified applicants.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Other Languages:

Sign Language, some Spanish.

Donations Accepted:

Money, building materials, appliances, autos and other vehicles. See Wish List on Website for additional information (www.lionscampmerrick.org)

Volunteer Coordinator:

Heather Magoon (301) 870-5858

Services Offered:

Community outreach and education

Eligible Populations: Children who are deaf or hard-of-hearing, children who have diabetes and children/adults who are blind.

LITERACY COUNCIL – (See Charles County Literacy Council, p. 24.)

LUCKY ONES, THE

Joan Ananiew, President

Website: <http://www.LuckyOnes.com>

E-mail: luckyonesclinic@yahoo.com

Provides low cost spay/neuter for all dogs, cats, puppies and kittens. Shots available at time of surgery. Promotes adoptions from Tri-County Animal Shelter in Hughesville, where 12,000 animals are dumped annually (30% of dogs dumped are purebred!)

Location:

30450 Potomac Way Clinic No. /Fax (301) 884-2850
Charlotte Hall, MD 20622

Hours of Operation:

Varies. Call to schedule appointment.

Methods of Payment:

Self pay (usual price range is \$40-\$150.) Visa/Mastercard accepted.

Service Area(s):

Unlimited.

Donations Accepted:

Money, volunteered time or services (foster homes), blankets, towels, kitty litter, cleaning supplies.

Volunteer Coordinator:

Joan Ananiew (301) 274-0504

Services Offered:

Community outreach and education, pet spay/neuter.

Eligible Populations: The general public.

LUPUS MID-ATLANTIC, INC.

Diane O'Connor, Executive Director

Website: <http://www.lupusmd.org>

E-mail: info@lupusmd.org

Lupus Mid-Atlantic is committed to providing educational and psychological support to lupus patients and their families, to increasing awareness and educating the general public and health professionals about lupus, and to funding clinical and basic scientific research on lupus.

Location:

7400 York Road, Suite 308 (410) 337-9000
Baltimore, MD 21204-7531 (800) 777-0934
Fax (410) 337-7406

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:00 p.m.

Appointment Policy:

Walk-ins accepted (please call first).

Method(s) of payment:

Services free; membership optional.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, volunteered time/services.

Volunteer Coordinator:

Tasha Leak (800) 777-0934

Services Offered:

Support groups, counseling, community outreach, education, books and literature, information and referral.

Eligible Populations:

Individuals and families living with lupus; the general public.

Membership Services Program

Membership (paid or complimentary) brings 3

newsletters a year, notice of education and support group meetings, referral, eligibility for limited financial assistance, and telephone counseling.

MARCH OF DIMES, SO. MARYLAND

Jennifer Abell, Director

Student Service Learning

E-mail: jabell@marchofdimes.com

The mission of March of Dimes – Southern Maryland is to improve the health of babies by preventing birth defects, premature birth and infant mortality through research, advocacy, community service and education.

Location:

9430 May Day Street (301) 934-2235
La Plata, MD 20646 Fax (301) 934-1808

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointment only; home visits by arrangements.

Method(s) of payment:

Services are free.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, volunteered time/services

Volunteer Coordinator:

Jennifer Abell (301) 934-2235

Services Offered:

Community education, advocacy, information and referral.

Eligible Populations: General public.

Service Learning Opportunities: Making educational packets; data entry; envelope stuffing/mail preparation; filing; answering phone.

Minimum age: none.

Contact: Jennifer Abell
(301) 934-2235
jabell@marchofdimes.com

**MARYLAND COOPERATIVE
EXTENSION, CHARLES COUNTY**
Karol Dyson, Acting County Director

E-mail: bboyden@umd.edu

The Maryland Cooperative Extension is a statewide educational component of the University of Maryland; its mission is to educate citizens so they can apply practical, research-based information to address critical issues in agriculture, food, natural resources, youth and family.

Location:

9375 Chesapeake St., Suite 119 (301) 934-5403
La Plata, MD 20646 Metro line (301) 753-8195
Fax (301) 753-1857
301-934-5283
(301) 934-5404 (4-H)

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:30 p.m.

Appointment Policy:

Call for appointment; visits can be arranged.

Methods of Payment:

Most services are free; small fee for some publications and programs.

Service Area(s):

Charles County.

Donations Accepted:

Volunteered time or services, materials and funding for children's camps and other activities.

Educational Services

Karol W. Dyson, 4-H Extension Educator
(kdyson@umd.edu)

**Pamela King, Agriculture & Natural
Resources Agent** (pking@umd.edu)

**Francis Warring, Nutrient Management
Advisor** (fwarring@umd.edu)

Extension's issue-based programs for adults and youth in Agricultural and Natural Resources, Family and Consumer Sciences, and 4-H Youth Development focus on agricultural profitability, leadership development, natural resource management, nutrition, family & consumer issues, nutrient management for livestock and farm operations and youth development through 4-H clubs and programs.

Services Offered:

Educational seminars, activities and publications in agricultural production and management, nutrition, food safety, family and consumer sciences, organization of 4-H clubs, volunteer training and development.

Eligible Populations:

Adults, adolescents, children, families, farmers, farm families, family day care providers, and the general public.



**MARYLAND FOUNDATION FOR
QUALITY HEALTHCARE**

Carol J. Wright, Director

Website: www.wudoithealthcare.org

E-mail: cwright@wudoithealthcare.org

Provides affordable diabetes self-management and type 2 diabetes prevention education to all those, ages 16 and up, who desire to receive it.

Location:

3070 Crain Highway, Suite 101 (301) 645-0001, opt. 5
Waldorf, MD 20601 Fax (301) 274-5925

Mailing Address:

16803 Old Field Lane
Hughesville, MD 20637

Hours of Operation:

Wednesday 1:00 p.m. to 6:00 p.m.

Appointment Policy:

Scheduled appointment only; last appointment is 6:00 p.m.

Methods of Payment:

Cash or check. Fees are \$5.00 per group class or \$10 per individual session.

Service Area(s):

Charles County.

Donations Accepted:

Money, volunteered time or services.

Services Offered:

Prevention and self-management education, screenings, community awareness programs and health fairs. Counseling and education available in English and Spanish.

Eligible Populations:

All who want to know how to manage diabetes and/or prevent Type 2 diabetes. Ages 16 and up.

MEALS ON WHEELS – (See Charles Co. Cooperative Ministry on Aging, p. 19.)

MEDICAL EYE BANK OF MARYLAND

Patricia A. Murphy, Executive Director

The Medical Eye Bank of Maryland is dedicated to alleviating human suffering and improving the quality of patients' lives by restoring sight to the corneally blind. Recovers and provides eye and corneal tissue for transplant surgery and research.

Location:

815 Park Avenue (410) 752-2020
Baltimore, MD 21201 Fax (410) 545-4455

Hours of Operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's Counties.

Donations Accepted:

Money.

Volunteer Coordinator:

Patricia Murphy (410) 752-2020



MELWOOD

Janice Frey-Angel, President/CEO

Website: <http://www.melwood.org>

Melwood serves 2000 persons, children through adult, with developmental and other disabilities, for employment opportunities, residential alternatives, and recreational programs promoting personal empowerment and social inclusion.

Location #1:

Charles County Operations Center (301) 870-6722
12705 Country Lane Fax (301) 870-1138

Waldorf, MD 20601

Location #2 – Access Adventures:

9305 Ironsides Road (301) 870-3226
Nanjemoy, MD 20662 Fax (301) 870-2620

Location #3:

5606 Dower House Road (301) 599-8000
Upper Marlboro, MD 20772 Fax (301) 599-0180

Hours of Operation:

Monday through Friday 8:30 a.m. to 5:00 p.m.
Weekend services provided

Appointment Policy:

Appointments required.

Methods of Payment:

Sliding scale.

Service Area(s):

Charles, Prince George's Counties.

Other Languages:

Spanish, French

Donations Accepted:

Cash, autos, household items, property, volunteered time or services.

Volunteer Coordinator:

Sandra Ginyard (301) 599-4516

Services Offered:

Job training and placement, supported employment, residential care, and programs for travel, overnight camping, and recreational activities.

Eligible Populations:

Adults and children with developmental and other disabilities.

MEN'S SHELTER – Robert J. Fuller Transitional House, p. 57.)

MENTAL HEALTH CENTER, CHARLES COUNTY – (See Health Department, Charles County, p. 39.)

MINISTERS ALLIANCE OF CHARLES COUNTY AND VICINITY

Sandra O. Washington, Executive Director
Rev. Willie R. Hunt, President
Rev. Dr. Larry Finch, Vice President
Bishop James Briscoe, Treasurer
Rev. Beatrice Edwards, Secretary
Rev. Reginald Kearney, Financial Secretary
Rev. Dr. George De Ford, Chaplain

The Ministers Alliance is working together with the faith community to address the human needs. Developing a community of trust, allowing them to know that they need not suffer in silence when the Lord has provisions available to them. When asked, “are we our brother’s keeper?” Our response is a resounding YES! Through networking, information about available services can be shared, referrals made, gaps identified and resources developed as necessary. The Alliance meets the second Saturday of each month at 9:00 AM.

Divisions:

| | |
|-------------------------|----------------------|
| Bishop Robert Wilson | Economic Development |
| Rev. Herman Warren | Membership Services |
| Rev. Jamila Woods-Jones | Human Services |
| Rev. George De Ford | Prison Ministries |

Location:

612 E. Charles Street (301) 609-9438
La Plata, MD 20646 Fax (301) 609-9800

Mailing Address

P.O. Box 1794
La Plata, MD 20646

Hours of Operation:

Monday through Friday 9:30 AM – 12:00 Noon
1:30 PM – 4:00 PM

Appointment Policy:

Walk-ins accepted: home visits can be arranged

Methods of Payment:

All services are free.

Service Area(s):

Charles, Calvert, St. Mary’s, Prince George’s Counties

Other Languages:

Spanish

Donations Accepted:

Money, clothing, food, furniture, autos, volunteered time or services.

Volunteer Coordinator:

Rev. Lancaster (301)-
609-9438

Services Offered:

Social supportive services.

Eligible Populations:

The general public.

NANJEMOY HEALTH SERVICES – (See Greater Baden Medical Services, p. 37.)

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), SOUTHERN MARYLAND

Connie Walker, President

Website: <http://www.namisomd.org>

E-mail: walkerca@md.metrocast.net

NAMI SoMD helps people with serious mental illness and communities through family, peer, and community education programs; public awareness activities; and community partnerships for improved treatment and recovery supports.

Location #1:

P.O. Box 1809 (301) 904-9926
Leonardtown, MD 20650

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointments only.

Method of Payment:

All services are free.

Service Area(s):

Charles, St. Mary's, Calvert

Services Offered:

Education programs for family members and individuals diagnosed with Severe Mental Illness; information and referral services; family support groups; peer support activities; public education to fight stigma and discrimination; and advocacy for improved mental health care and rehabilitative programs and services.

Eligible Populations:

People of all ages concerned with mental health issues, individuals with severe mental illness and their families, healthcare professionals, and the general public.

Donations Accepted:

Money, volunteered time or services.

**NEIGHBORS EAGER TO SERVE,
(NETS), INC.**

Corrine Pearson, Chairperson

NETS is a Christian non-profit organization continuing to work to identify and respond to the needs of the Western Charles County Community.

Mailing Address:

P.O. Box 823 (301) 375-8576
Bryans Road, MD 20616 Fax (301) 375-8320

Hours of Operation:

Tuesdays and Thursdays 9:00 a.m. to 12:00n.

Appointment Policy:

Scheduled appointment only. Home visits can be arranged.

Service Area(s):

Western Charles county.

Donations Accepted:

Money, clothing, furniture, food, volunteered time or services.

Services Offered:

Seasonal and household goods donations, food.

Eligible Populations:

General public in Western Charles County.



Student Service Learning

**PARTNERSHIPS FOR A HEALTHIER
CHARLES COUNTY**

The Partnerships for a Healthier Charles County was established in 1994 to serve as a community health network and as a forum for collaboration and sharing of information between county agencies and services. Members of the Partnerships for a Healthier Charles County include the local health department, local hospital, public schools, government agencies, community college, community organizations, private providers, churches, and businesses. The mission of the organization is to create a future through partnerships and collaborations, in which the people of Charles County can be: gainfully employed, educated, living in safety and comfort, and enjoying good health. Priority areas of the Partnerships include cancer and tobacco-related disease and chronic disease prevention.

Mailing Address:

P.O. Box 1050 (301) 609-6930
White Plains, MD 20695 Fax (301) 609-6937

Service Learning Opportunities: Making educational packets; assisting with outreach activities.

Minimum age: 18.

Contact: Angela Jacks
(301) 609-6931
angiej@dhhm.state.md.us

**Cancer Resources/Information (see also,
American Cancer Society, p. 5)**

Civista Medical Center, La Plata

Civista Medical Center's Cancer Program is approved by the American College of Surgeons. A Cancer Committee holds monthly meetings as well as Cancer Conferences to address numerous cancer-

related issues, including patient care, resources and strategies. Civista is a member of the Maryland Tumor Registry.

Services/Resources offered: Annual, free prostate cancer screenings in September. Annual Community Cancer Report in the fall. Photographic exhibit on local breast, colon and prostate survivors in October. Sponsors the annual Cancer Survivor's Walk and Reception, as part of the American Cancer Society's Relay for Life held in Charles County in June.

Call Civista on the Line at 1-888-332-4847 for information on these programs.

Charles County Department of Health Division of Education & Health Promotion – see p. 39.

Charles County Health Department – Cancer Screenings

Services s provided:

Breast and Cervical Screening Program- for eligible women ages 40-64, who live in Charles County without health insurance.

Colorectal Cancer Program-provides colonoscopies for men and women, ages 50-64, who live in Charles County and have little or no insurance.

Call 301-609-6843 to find out if you are eligible and for more information.

Hospice of Charles County, Inc., see p. 42.

InHome Management Services, Inc.

P.O. Box 2402
Waldorf, MD 20604-2402
301-743-7272

Services Offered: Nursing Case Management

University of Maryland Statewide Health Network, Southern Maryland Regional Office, see p 71.

PATHWAYS, INC.

Gerard McGloin, Executive Director

Website: www.pathwaysinc.org

E-mail: info@pathwaysinc.org

We promote the mental, emotional and physical well being of the individual through the shared exploration of pathways to healthy living.

Location #1:

44101 & 44065 Airport View Drive (301) 373-3065
Hollywood, MD 20636 Fax (301) 373-3265

Mailing Address:

P.O. Box 129
Hollywood, MD 20636

Hours of Operation:

Monday - Friday 8:30 a.m. – 4:30 p.m.

Location #2:

29770 Three Notch Road (301) 290-5121
Charlotte Hall, MD 20622 Phone/Fax (301) 290-5120

Hours of Operation:

Monday - Friday 8:30 a.m. – 4:30 p.m.

Appointment Policy: Walk-ins accepted; home visits can be arranged.

Methods of Payment:

Medical Assistance, self pay, private health insurance, state grants, payment plans.

Service Area(s):

Charles, St. Mary's, Calvert counties.

Other Languages:

Spanish.

Donations Accepted:

Money, volunteered time or services.

Volunteer Coordinator:

Jack Dent (301) 373-3065, ext. 208

Services Offered:

Case management; counseling, crisis intervention; psychiatric services; therapy; psychological evaluation; cognitive rehabilitation; employment and social skills training; vocational testing and evaluations; career assessments; supported employment; supported residential placement; transitional housing; advocacy, assistance with transportation.

Populations Served:

Adolescents and adults with mental illness, developmental and physical disabilities, acquired brain injury.

Pathways Mental Health Clinic

Mary Smith, Director

Provides counseling and psychotherapeutic services to assist individuals in successful community living.

Pathways Brain Injury Recovery Services

Debbie Fulton-Clark, Director

Provides cognitive rehabilitation and case management services to individuals who have sustained an injury to the brain resulting from trauma or medical conditions.

Pathways Home and Community Rehabilitation Program

Donald Barber, Director

Enhances community reintegration and personal recovery through the provision of personalized supports that include medication monitoring, benefits management, and activities of daily living skills training, and 24-hour availability of crisis services for adults with a mental illness.

Pathways Transitional-Age Youth Program

Molly Young, Director

Assists with transitional placement and support services for young adults ages 17 to 22 who have been diagnosed with a serious mental illness.

Pathways Residential Rehabilitation Program

Molly Young, Director

Provides affordable housing and support services for persons diagnosed with mental illness. Services include medication monitoring and twenty-four hour availability of crisis services.

Pathways Career Assessment

Center and Supported Employment Services

Debbie Fulton-Clark, Director

Provides vocational evaluation services, career counseling, job placement/development and employment supports to facilitate successful employment or work re-entry.

PLANNED PARENTHOOD OF MARYLAND

John W. Nugent, President and CEO

Website: www.plannedparenthoodmd.org

The mission of Planned Parenthood of Maryland is to provide affordable, high-quality reproductive health care to all Marylanders.

Locations:

Annapolis:

929 West Street, Suite 305 (410) 263-2100
Annapolis, MD 21401

Baltimore City:

330 N. Howard Street (410) 576-1414
Baltimore, MD 21201

Easton:

8579 Commerce Drive (410) 820-9067
Easton, MD 21601

Frederick:

1560 Opossumtown Pike, Suite 18 (301) 620-9442
Frederick, MD 21702

Owings Mills:

Valley Village Shopping Center (410) 363-1655
9129 Reisterstown Road
Owings Mills, MD 21117

Salisbury:

Court Plaza Shopping Center (410) 860-4788
1506 S. Salisbury Blvd.
Salisbury, MD 21801

Towson:

Loch Ridge Shopping Center (410) 665-9775
1714 Joan Avenue
Baltimore, MD 21234

Waldorf:

Gateway Plaza, Suite #200 (301) 645-6800
3975 St. Charles Parkway
Waldorf, MD 20602

Hours of Operation (Baltimore City/Main Clinic):

Monday 8:30 a.m. to 3:30 p.m.
 Tuesday 8:30 a.m. to 3:00 p.m.
 Wednesday 9:00 a.m. to 5:00 p.m.
 Thursday 11:30 a.m. to 7:00 p.m.
 Friday 8:30 a.m. to 3:30 p.m.

Appointment Policy:

Scheduled appointments. Walk-ins for supplies only.

Methods of Payment:

Private health insurance, medical assistance, self pay, sliding scale

Service Area(s):

Baltimore City and Anne Arundel, Baltimore, Calvert, Charles, Frederick, St. Mary's, Talbot and Wicomico Counties.

Donations Accepted:

Money, stock, goods, volunteered time or services.

Volunteer Coordinator:

Deborah Chilcoat (410) 576-2150

Services Offered:

Community outreach, classroom education, clinical services, testing and screening, legal advocacy.

Eligible Populations:

Adolescents, adult men and women.

**REHABILITATION SERVICES,
 MARYLAND DIVISION OF
 Benjamin G. Bryan, Rehabilitation Supervisor**

Provides comprehensive employment services to persons with disabilities.

Location:

Suite 208 Smallwood Building (301) 645-8882
 2670 Crain Highway (301) 843-7130
 Waldorf, MD 20601-2606 Fax (301) 645-2598

Hours of Operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointment only.

Methods of Payment:

Sliding scale.

Service Area(s):

Charles, Southern Prince George's Counties.

Other Languages:

Sign language interpreter available with notice.

Donations Accepted:

Volunteered time or services.

Volunteer Coordinator:

Carol Galish (301) 645-8882

Services Offered:

Academic skill testing, continuing education, employment training, social skills training, vocational testing and training, supported employment, entrepreneurial development training, job placement, social supportive advocacy, special population services, rehabilitation technology assessments.

Eligible Populations:

Adults of all ages, including the mentally ill, the developmentally/physically disabled, and the chemically dependent (in recovery).

ROBERT J. FULLER TRANSITIONAL HOUSE

Bishop Paul A. Wells, Program Director

Provides and administers accommodations and transitional support for homeless men. Helps these men to break the cycle of dependency through programs designed to foster their growth towards self sufficiency.

Location:

Robert J. Fuller Transitional House (301) 645-7994
 3470 Rockefeller Court (301) 645-2933
 Waldorf, MD 20602 Fax (301) 645-7816

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.
 Open 24 hours a day, 7 days a week to homeless men.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

\$13.30 per night room and board. Based on ability to pay.

Service Area(s): Charles County.

Donations Accepted:

Money, food, clothes, autos, volunteered time or services.

Services Offered:

Emergency short-term shelter, transitional housing, counseling, food, medical, limited transportation for residents (to work and appointments).

Eligible Populations: Adult men.

SAFE NIGHTS PROGRAM - (See

Lifestyles of Maryland Foundation, p. 48.)

**SALVATION ARMY, THE
CHARLES COUNTY SERVICE UNIT**

Maria Bryan, Service Unit Chairperson

Website: www.salvationarmy.org

The Salvation Army is a religious and charitable corporation. Our mission is to provide a practical program assisting those in need to strengthen and rebuild their lives. Housed in the Children’s Aid Society Building

Location:

3000 Huntington Circle (301) 638-9532
Waldorf, MD 20602 Fax (301) 645-9340

Mailing Address:

P.O. Box 2708
La Plata, MD 20646

Hours of Operation:

Varies.

Appointment Policy:

Appointment only.

Methods of Payment:

All services are free.

Service Area(s):

Charles County.

Donations Accepted:

Money, food, clothing, household items, volunteered time or services.

Services Offered:

Washington Fuel Fund. Limited financial assistance periodically available in the areas of rental/mortgage, food, clothing, transportation, prescriptions and utilities, Camp Tomahawk, Christmas and Thanksgiving baskets, Information and referral.

Eligible Populations:

Charles County residents.

**SENIOR SERVICES OF CHARLES
COUNTY, INC.**

Millie Hamman, President

Our mission is to assist seniors to enhance their quality of life, support their independence, and encourage their involvement in and with their community. (See also: Charles County Department of Community Services, Aging and Community Centers Division, p. 20.)

Location #1:

1210 Charles Street (301) 934-5423
La Plata, MD 20646 Fax (301) 934-5425

Mailing Address:

P.O. Box 1416
La Plata, MD 20646

Hours of Operation:

Monday through Friday 9:00 a.m. to 4:00 p.m.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

Funds distributed through Senior Centers.

Service Area(s):

Charles County.

Donations Accepted: Money, volunteered time or services.

Services Offered:

Community outreach; continuing education; nutrition education; respite services; scholarships; social supportive advocacy; recreation; social work services to adults; seasonal donations; trips and tours; physical fitness for seniors; creative arts, and special events.

Eligible Populations:

Men and women over age 60.

Referral Policy:

Clients are referred to the Department of Community Services, Aging and Community Centers Division, who refers to Senior Services of Charles County.





Student Service Learning

SHARE FOOD NETWORK

Christopher Dake, Executive Director

Website: www.sharedc.org

E-mail: Ninotchika.twitty@catholiccharitiesdc.org

For volunteer service and \$18, participants purchase fresh, nutritious food worth approximately \$40. Organized by over 350 churches and community groups in D.C., Maryland and Virginia

Location:

5170 Lawrence Place (301) 864-3115
Hyattsville, MD 20781 Fax (301) 864-5370

Mailing Address:

P.O. Box 768
Bladensburg, MD 20710

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

Self pay, food stamp card, Visa and MasterCard.

Service Area(s):

Charles, St. Mary's, Calvert, Anne Arundel and Prince George's Counties.

Other languages spoken:

Spanish

Donations Accepted: Money, volunteered time or services.

Volunteer Coordinator:

Ninotchika Twitty (301) 864-3115, ext. 11

Services Offered:

Food.

Eligible Populations:

The general public.

Service Learning Opportunities: Packing and distributing food at local sites monthly.

Minimum age: 13 unaccompanied.

Contact: Ninotchika Twitty
(301) 864-3115, X. 11
twittyn@catholiccharitiesdc.org

SHERIFF'S OFFICE, CHARLES COUNTY

Rex Coffey, Sheriff

Website: <http://www.ccsso.us>

The Charles County Sheriff's Office, a full-service law enforcement agency, is committed to protecting the lives and property of the citizens of Charles County. The Sheriff's Office carries out this mission through the preservation of peace and order, enforcement of all laws and ordinances, confining of prisoners, and through crime prevention efforts.

Location #1:

District 1 Station (301) 932-2222
6855 Crain Highway Fax (301) 932-3076
P.O. Box 189
La Plata, MD 20646

Location #2:

District 2 Station (301) 743-2222
4401 Indian Head Highway Fax (301) 609-5983
Indian Head, MD 20640

Location #3:

District 3 Station (301) 932-7777
2160 Old Washington Road Fax (301) 609-5997
Waldorf, MD 20601

Location #4:

Headquarters (301) 609-6400
6915 Crain Highway Fax (301) 609-6413
P.O. Box 189
La Plata, MD 20646

Hours of Operation:

24 hours a day, 7 days a week

Service Area(s):

Charles County.

Services Offered:

Public safety.

Eligible Populations:

General public.

SIDS ALLIANCE/FIRST CANDLE

Deborah Boyd, Executive Director

Website: <http://www.firstcandle.org>

E-mail: info@firstcandle.org

SIDS Alliance is a national, voluntary health organization uniting parents, caregivers and researchers nationwide with government, business and community service groups to advance infant health and survival.

Location:

1314 Bedford Avenue
Suite #210
Baltimore, MD 21208

Helpline (800) 221-SIDS
Fax (410) 653-8709

Hours of Operation:

Monday through Friday 9:00 a.m. to 5:00 p.m.

Service Area(s): National

Donations Accepted: Money.

Back to Sleep Campaign

Promotes steps parents can take to reduce SIDS risks: position babies on their backs for sleep, provide a smoke-free environment and firm bedding, breastfeed, and maintain good pre- and post-natal care.

Services Offered:

Counseling, parenting skills/education, 24-hour staffed helpline, community outreach, public health education.

Eligible Populations: Families, the general public.

SOCIAL SERVICES, CHARLES

COUNTY DEPARTMENT OF

Rebecca B. Bridgett, Ed.D., Director

Website: <http://www.charlescounty.org>

E-mail: rbridgett@dhr.state.md.us

Charles County Department of Social Services is committed to building alliances that promote self-sufficiency, empower families, increase personal safety and security, and value diversity.

Location #1:

200 Kent Avenue
La Plata, MD 20646

(301) 392-6400
toll-free 1(877)-871-1177
Fax (301) 870-3958

Child Protective Services HOTLINE – for reports of child abuse and neglect of children

(301) 392-6739

Service Intake HOTLINE for reports of abuse, neglect and exploitation of vulnerable adults, information and referral, environmental emergencies, foster parent information, and in-home aide referrals.

(301) 392-6724

After-hours service for reports of exploitation/neglect/abuse of children or vulnerable adults.

(301) 932-2222

Hours of Operation:

Monday through Friday

8:00 a.m. to 5:00 p.m.

Appointment Policy:

Walk-ins accepted. Home visits may be arranged.

Methods of Payment:

Most services free; minimal fee for child support applicants who are not recipients of cash assistance.

Service Area(s):

Charles County.

Child Support Services

Donna Harley, Assistant Director

1 (800) 332-6347

1 (800) 723-9937

The purpose of this program is to establish ongoing financial support through locating non-custodial parents, establishing paternity and obtaining court ordered child support.

Services Offered:

Child support, location of non-custodial parents, establishment of paternity and support obligations, establishment of medical support enforcement and enforcement of support and medical support.

Eligible Populations:

Adult men and women.

Family Investment Program

Transitional and supportive services to assist customers in securing and retaining employment. Temporary Cash Assistance, Food Stamps, Medical Assistance and other financial assistance services are also provided.

Services Offered:

Employment training, child care, food, medical services, refugee/migrant services, rent/mortgage assistance, public assistance, emergency short-term shelter, transportation, job placement. Purchase of Day Care (POC) services are provided to families to subsidize the cost of day care for low-income family members who are employed, in training, or in school. Children must be placed in licensed day care centers or registered day care homes. Informal arrangements in the children’s own homes or the home of a relative may also be subsidized. Maryland Children’s Health Program (MCHP) provides health insurance to non-covered children.

Eligible Populations:

Adults and children of all ages, including the mentally ill, the physically or developmentally disabled, and the chemically dependent. Income eligibility restrictions apply in many instances. POC and MCHP available to a broad population segment.

Services to Families, Children and Adults

In-Home Services

**Debbie Walsh, LCSW-C, Administrator
(301) 392-6744**

The purpose of In-Home Family Services is to: (1) Promote the safety and well-being of children and their families; (2) Preserve family unity where children's safety can be supported; (3) Maintain permanency for children; and (4) Empower families to achieve or sustain independence and self-sufficiency.

The goals of In-Home Family Services include: (1) Enhancing the parents' ability to create a safe, stable, and nurturing home environment that promotes healthy child development; (2) Preventing out-of-home placement of children when safety can be promoted to a sufficient proportion; and (3) Providing, referring to, and

coordinating services needed to achieve or maintain family safety, stability, independence, and unity.

The Department provides a continuum of service programs designed to achieve the purposes and goals of In-Home Family Services and meet the needs of individual families. The programs include:

Services to Families with Children—Central Intake;

Services to Families with Children—Continuing Family Preservation

Continuing Protective Services

In each program services shall be:

- (1) Child safety based;
- (2) Family focused;
- (3) Dedicated to work with families as partners;
- (4) Built on respect of the family;
- (5) Designed to build on family strengths and unity within the context of the family's culture and community;
- (6) Dedicated to prevent, reduce, or eliminate behaviors, institutional practices, and community conditions that may place a child, family, or community at risk of maltreatment;
- (7) Primarily provided in the home or community;
- (8) Flexible and based on the changing needs of families and children at various times in their lives;
- (9) Timely;
- and (10) Designed to achieve measurable outcomes.

The local department may terminate services with the family at any time during the course of the intervention when: (1) The goals have been met and the safety issues have been resolved; (2) There has been a referral to another unit or agency for service; or (3) The family declines or fails to accept service, safety is not an issue, and other intervention is not warranted.

Services offered:

In order to achieve family unity within a safe environment for all family members, each In-Home Family Services program can provide, coordinate, or refer families to services including but not limited to: Family, couple, and individual counseling or therapy for assistance in resolving family or parent-child relationship problems; Substance abuse counseling and referral to substance abuse treatment; Medical evaluations and treatment of a household member; Child development and parenting skills training; Family planning counseling; Health care services or information, Support in acquiring proper

registration, testing, and appropriate educational services; Employment counseling; Vocational training; Skills building assistance surrounding child care, normal childhood development, age appropriate disciplinary practices, parenting skills, and conflict resolution; Assistance and support to enhance the likelihood of positive family responsibility and self-sufficiency; Formal education or educational degree equivalent programs; Housekeeping and home management skills training; Housing information and assistance; Emergency financial assistance through flex funds or other available monetary resources; Budgeting assistance and management training; Parent-aide or in-home aide services; Day care assistance; Respite care; Transportation assistance; Assistance with and connection to both formal and informal support systems and resources; Skills training in advocating for support and services for self and family; Court involvement; Other services identified for the promotion of family safety and self-sufficiency. When applicable, referrals to other service units, such as Child Protective Services, Family Services, and out-of-home voluntary and involuntary placements.

Child Protective Services

**Wanda Collins, LCSW-C,
Administrator
301-392-6731**

A specialized social service for children who are suspected of being abused physically, sexually or mentally and/or neglected by their parent, guardian, household member or family member.

Services Offered:

Counseling, crisis intervention, in-home services, parenting skills/education, 24-hour staffed helpline, community outreach, nutrition education, social skills training, housing counseling, social supportive advocacy, social work services to families, child abuse/neglect investigations, court-ordered investigations, court services for children.

Eligible Populations:

Children to age 18; families.

Foster Care/Adoption Services for Children

**Deborah Guled, LCSW-C
Foster Care/Adoption Administrator
301-392-6751**

Provides out-of-home placements for children who have been placed in the care and custody of the department. The goal is to develop permanent living arrangements for the children with natural parents, relatives, or adoptive parents.

Services Offered:

Parenting skills/education, placement, home studies, and case management services which includes monitoring.

Eligible Populations:

Children of all ages and their families.

Adult Services

**Delia Meadow, LCSW-C,
Administrator
301-392-6733**

Provides a broad spectrum of services to elderly and disabled adults in the community. These services are directed at preventing out-of-home placement, protecting vulnerable adults from abuse and neglect, and promoting their general health and welfare.

Services Offered:

Case management, counseling, crisis intervention, in-home services, nutrition education, social skills training, long-term placement, respite services, emergency short-term shelter, transportation assistance, credit counseling, social supportive advocacy, social work services to adults, chore and personal care services, food, seasonal donations.

Eligible Populations:

Adult men and women of all ages, including the physically and developmentally disabled.



SOUTHERN MARYLAND CHILD CARE RESOURCE CENTER, INC.

Siobhan Ponder, Executive Director

Website: www.smccrc.org

E-mail: info@smccrc.org

Provides free referral services for parents needing child care; provides low-cost training to child care providers, and provides resources and support to parents and childcare providers.

Location:

29958 Killpeck Creek Court (301) 290-0040
Charlotte Hall, MD 20622 1-866-290-0040

Fax (301) 290-0050

LOCATE:Childcare 1-866-290-0045

Hours of Operation:

Monday through Friday 8:30 a.m. – 4:30 p.m.

Appointment Policy:

Contact by phone is encouraged; walk-ins accepted.

Methods of Payment:

Minimal charges for training and use of copier and laminator. No fee for referral services.

Service Area(s):

Charles, Calvert, St. Mary's Counties.

Donations Accepted:

Money, volunteered time or services.

Volunteer Coordinator:

Sharon Aldridge (301) 290-0040



SOUTHERN MARYLAND COMMUNITY NETWORK

John R. Bennett, Executive Director

Website: www.somdnetwork.org

E-mail: jbennett@smcni.org

It is the mission of Southern Maryland Community Network (SMCN) to form a partnership between people with mental health needs and their community to foster understanding, empowerment, integration and enhanced quality of life.

Location:

305 Prince Frederick Boulevard (410) 535-4787
Prince Frederick, MD 20678 Fax (410) 535-4965

Mailing Address:

P.O. Box 998
Prince Frederick, MD 20678

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:00 p.m.

Appointment Policy:

Walk-ins acceptable, home visits can be arranged.

Methods of Payment:

Services Offered:

Crisis intervention, case management

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, building materials, furniture, appliances, food, volunteered time or services.

Volunteer Coordinator:

Christina Payne (410) 535-4787, x. 142

In-Home Intervention Program for Children

IHIP-C is an intensive psychiatric rehabilitation program for children or adolescents who are at risk of out-of-home placement. This program services children who are eligible for the PMHS.

Residential Support Services

Lisa Heigt-Guess, Director

The SMCN Residential Department provides 24-hour supervised housing for consumers who require more structured support. Assistance with developing daily living, basic self-care and community living skills is provided daily.

Psychiatric Rehabilitation Program

Karen Carloni, CRC, Director

The Psychiatric Rehabilitation Program provides flexible drop-in support to persons suffering from severe and persistent mental illness, in order to allow for successful community living.

Target Case Management

Joanne Gay, Director

Targeted Case Management ensures that people with psychiatric disabilities have the resources to enhance their ability to function independently in their community. We provide services that are flexible, comprehensive and mobile.

SOUTHERN MARYLAND MEDBANK

Vincent Jackson, PharmD, Director

Website: www.medbankmd.org

The Southern Maryland Medbank assists low-income, chronically ill patients in receiving free prescription medication.

Location:

100 Hospital Road (410) 414-7416
Prince Frederick, MD 20678 1-866-633-2265
Fax (410) 414-7549

Mailing Address:

P.O. Box 4009
Prince Frederick, MD 20678

Hours of Operation:

Monday through Friday 8:00 a.m. – 4:00 p.m.

Appointment Policy:

Scheduled appointment; walk-ins accepted.

Methods of Payment:

All services are free.

Service Area(s):

Charles, Calvert, St. Mary's, Anne Arundel Counties.

Donations Accepted:

Money, volunteered time or services.

Volunteer Coordinator:

(410) 414-7416



SOUTHERN MARYLAND TRI-COUNTY COMMUNITY ACTION COMMITTEE, INC.

Swynice M. Hawkins, President

Website: <http://www.smtccac.org>

E-mail: info@smtccac.org

Our mission is to provide services for eligible citizens that alleviate the causes and conditions of poverty, promote upward mobility and enrich the quality of life. Southern Maryland Tri-County Community Action Committee, Inc. is certified as a HUD Counseling Agency.

Location:

8371 Old Leonardtown Road (301) 870-3770
P.O. Box 280 (301) 274-4474
Hughesville, MD 20637 Fax (301) 274-0637
(services offered at numerous other sites in the tri-county area; call for information)

Hours of Operation:

Monday through Friday

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, volunteered time or services.

Head Start Program

Gail Govoni, Program Director

Early childhood and family development program.

Services Offered:

Classroom education, parenting skills/education, social skills training, social work services to families.

Eligible Populations:

Low-income children ages 3-5.

Volunteer Coordinator:

Yvonne Keys (301) 274-4474, ext. 224

Friendly Health Services

Jerry Waring, Director

(410) 535-0542

Provides adult day care services for the elderly and disabled; a Maryland Department on Aging

certified Senior Care Plus center, located in Huntingtown, MD.

Services Offered:

Social work services, medical monitoring, recreational activities, therapy, and medical transportation.

Eligible Populations:

Physically or developmentally disabled adults.

**Career Training School –
Commercial Drivers License (Class
B)**

Delilah Balz, Director, ext. 219

Services Offered:

Operates a Maryland Higher Education Commission-approved Career Training School that offers a 54-hour course for persons interested in obtaining a Commercial Drivers License (CDL) with air brake and passenger endorsement. Evening classes held and assistance with job search provided.

Eligible Populations:

General public.

**Individual Development Accounts
(IDA) Program**

Debra Mullins, Director, ext. 278

Services Offered:

Assists families to build assets through case management and participation in a matched savings program called Individual Development Accounts (IDA). Participants target their savings for homeownership, education or entrepreneurship.

Eligible Populations:

Income eligible.

Office of Home Energy Programs
Tawanda Newkirk, Director, ext. 200

Administers Maryland Energy Assistance Program (MEAP), Electric Universal Service Program and Tri-County Fuel Fund.

Services Offered:

Energy assistance.

Eligible Populations:

Income eligible households.

Housing Preservation
**Tracy Dyson, Housing Revitalization
Manager, ext. 205**

Provides energy conservation education, services and referrals; installs energy saving devices, ramps and other modifications; performs housing rehabilitation services to improve and preserve existing housing stock.

Services Offered:

Home weatherization and rehabilitation services.

Eligible Populations:

General population and income eligible.

Transportation Services
Evon Sewell, Manager, ext. 208

Southern Maryland Area Rural Transportation (SMART) provides contract transportation services to human service agencies.

Services Offered:

Door-to-door service.

Eligible Populations:

Contract customers.

Homeownership
Sandra Gammons, Director, ext. 249

Assistance provided for individuals to locate and remain in affordable housing. Infrastructure, technical support and subsidized mortgage loans provided to families willing to perform a significant portion of the labor to build their homes in the USDA Self-Help Housing program.

Services Offered:

Affordable housing development and homeownership opportunities are made available to low-income families, affordable housing development. Grants, loans and mortgage applications packaged to provide affordable single-family homes through new construction, acquisition/rehab and lease/purchase. As a HUD Counseling Agency, services include homebuyer education, credit counseling, pre-and post-purchase counseling, foreclosure prevention, reverse mortgage counseling and rent-mortgage

assistance.

Eligible Populations:

General public and income eligible.

Senior Companion Program

Hollie Kessler, Director, ext. 255

Low-income seniors offer companionship and respite care to homebound clients (usually other seniors).

Services Offered:

Companionship and respite care.

Eligible Populations:

Income eligible adults over age 60.

Tri-County AmeriCorps Service Project (TCASP)

Hollie Kessler, Director, ext. 255

Agency sponsors an AmeriCorps Program providing individuals with the opportunity to serve and meet needs in the community at local nonprofits and public institutions. AmeriCorps members and host sites are recruited annually for a year of service. Members receive a living allowance and are eligible for an education award at the end of their service.

Eligible Populations:

General public, nonprofits to serve as host sites.

The Emergency Food Assistance Program (TEFAP)

Norma Webber, Coordinator, ext. 0

Receives and distributes food to local food pantries, which in turn distribute it to families in need.



Student Service Learning

**SPECIAL OLYMPICS MARYLAND
CHARLES COUNTY**

Marilyn Borrell, Area Director

Website: www.charlescounty.org/cs/specialolympics

Special Olympics, Charles County is a year-round program of athletic conditioning, training and competition for individuals with intellectual disabilities.

Location:

8190 Port Tobacco Road (301) 934-9305, ext. 5140
Port Tobacco, MD 20677 Fax (301) 934-5624

Hours of Operation:

Monday through Thursday 8:30 a.m. to 4:30 p.m.

Appointment Policy:

Scheduled appointments and walk-ins accepted between the hours of 8:30 a.m. and 4:00 p.m.

Methods of Payment:

All services are free.

Service Area(s):

Charles County.

Donations Accepted:

Money, sports equipment, volunteered time or services.

Services Offered: Special population services; recreation (sports training and competition).

Eligible Populations: Developmentally disabled men, women, and children ages eight and up.

Service Learning Opportunities:

Coaches for the 16 sports offered by Special Olympics (free training available). Assisting coaches at practices; playing on unified sports programs; organizing small crafts, carnival games, etc. at Spring Games; serve as escorts at local events (must be over age 16 for this activity); officiate/keep score at local events (officials must be certified).

Minimum age: 8.

Contact: Marilyn Borrell
(301) 743-3618



Student Service Learning

SPRING DELL CENTER, INC.

Donna Retzlaff, Executive Director

Website: <http://www.springdellcenter.org>

E-mail: donnaretzlaff@springdellcenter.org

Spring Dell Center is dedicated to assisting individuals with disabilities in achieving their highest level of independence by providing support and opportunities for the quality of life they desire within their community.

Location:

6040 Radio Station Road
La Plata, MD 20646

(301) 934-4561
Fax (301) 870-2439

Hours of Operation:

Monday through Friday 8:00 a.m. to 4:00 p.m.

Appointment Policy:

N/A

Methods of Payment:

Medical assistance, self pay, DHMH, DORS, DDA.

Service Area(s): Charles County.

Donations Accepted:

Cash contributions, furniture, clothing, small appliances, autos, building materials, volunteered time or services.

Residential Program

Erin Jones, Director

The residential program supports individuals with developmental disabilities to live independently in agency homes.

Services Offered:

Case management, respite care, supported residential placement, transportation, advocacy

Eligible Populations:

Physically/developmentally disabled adults ages 21 and over referred by Health Department.

Employment Services Program

Tanya Williams & Lyndee Waldbauer, Co-Directors

Services are provided to support individuals with developmental disabilities to proceed toward their optimal level of independence and productivity.

Center-Based Employment – Provides employment opportunities to persons with severe or profound mental retardation and multiple disabilities.

Clerical – Provides hands-on training with computers and other office equipment for individuals with physical limitations.

Supported Employment – Provides training and support to individuals who desire employment in the community.

Community-Based Employment – Provides the training necessary to gain community-based employment. Areas include custodial, retail, mailing, clerical and yard work.

Thrift Stores – Individuals receive training in a retail environment, including the handling of merchandise, assisting customers, and operating a cash register.

Work Crews – Individuals work on paid contracts in the community, such as custodial and yard work services, and are supported by a training specialist.

Transitioning Youth Collaboration – Partnership effort with Charles County Board of Education to transition youth in their final year of high school to an adult program setting. Students attend the Day Program during this year, along with their teacher’s aides from the Board of Education, allowing them time to transition into their future setting during this year with support from both agencies.

Traumatic Brain Injury Support Group – Provides support and opportunities for individuals with brain injuries and their families. Resource library, support groups, counseling and limited resource coordination available.

Services Offered:

Case management, counseling, respite care, employment training, social skills training, vocational testing and training, training for businesses, supported employment, special population services.

Eligible Populations:

Physically/developmentally disabled adults referred by Health Department or local DORS office.

Service Learning Opportunities:

Working on projects with clients; working as a "buddy" at thrift store with clients; working on computer/clerical projects; assisting with recreational outings for clients; landscaping/yard work.

Minimum age: 14

Contact: Donna Retzlaff or Tanya Williams
 (301) 934-4561
donnaretzlaff@springdellcenter.org
tanyawilliams@springdellcenter.org

Monday through Thursday 9:00 a.m. to 4:30 p.m.
 Friday 9:00 a.m. to 3:00 p.m.

Appointment Policy:

Scheduled appointments. Walk-ins accepted. Home visits for grocery delivery.

Methods of Payment:

Cash, check, MasterCard, Visa, Discover, Independence Card, retainer account, gift certificates.

Service Area(s):

Charles, Prince George's.

Donations Accepted:

Money, volunteered time or services.

Volunteer Coordinator:

Jean Guiffre (301) 373-3663

Services Offered:

Grocery delivery.

Populations served:

Elderly and homebound individuals and their families.

SUDDEN INFANT DEATH SYNDROME ALLIANCE (SIDS Alliance/First Candle, p 60.)

TOP BANANA HOME DELIVERED GROCERIES

Jean Guiffre, Director

Website: <http://www.topbananagroceries.org>

E-mail: topbananagroceries@aol.com

Top Banana is a non-profit agency dedicated to helping people live healthier, more independent lives while aging with dignity in their own homes. This program provides grocery delivery to elderly and homebound who find shopping difficult or impossible.

Location #1:

14100 Brandywine Road (301) 372-3663
 Brandywine, MD 20613 Fax (301) 372-3662

Charles County Satellite Office:

119 Oriole Lane (301) 392-1101
 La Plata, MD 20646

E-Mail: mcarobertson@comcast.net

Hours of Operation:

TRICO CORPORATION

William E. Arick, M.Div., L.C.P.C., N.C.C., ACS
 Clinical Director, President

Website: <http://www.tricocorp.org>

Lexington Park E-mail: tricocorp@verizon.net

The mission of Trico Corporation is to provide the highest level of mental health assessment and treatment services to all persons regardless of their ability to pay, in collaboration with other mental health, medical, and professional human services organizations.

Location #1:

21770 FDR Boulevard (301) 862-4961
 Millison Plaza Fax (301) 262-5554
 Lexington Park, MD 20653 Toll Free (866) 862-4961

Mailing Address:

P.O. Box 826
 Lexington Park, MD 20653

Location #2:

Smallwood Building (301) 632-2100
 Waldorf, MD 20601 (301) 870-7033

Hours of Operation:

Monday through Friday 8:30 a.m. to 5:00 p.m.
 Saturday and Sunday By appointment only

Appointment Policy:

Scheduled appointments. Walk-ins accepted. Home visits can be arranged.

Methods of Payment:

Private health insurance, Medicare, medical assistance, sliding scale, self pay, other.

Service Area(s):

Charles, St. Mary's, Calvert, Prince George's, Anne Arundel, Montgomery Counties.

Donations Accepted:

Money, volunteered time or services, other.

Volunteer Coordinator:

Kim Clarke (301) 862-4961

Services Offered:

Psychiatric evaluations, psychiatric testing, neuropsychological testing; psychotherapy and counseling; pharmacotherapy; off-site visits; forensic services for incarcerated individuals and court-ordered referrals; educational program (parenting); recreational programs for children.

Populations served:

Children, adolescents, adults, couples, families, geriatric, developmental disabilities, traumatic brain injury.



Student Service Learning

TRI-COUNTY YOUTH SERVICES BUREAU, INC.

Laurel T. James, Executive Director

Website: <http://www.tcysb.org>

E-mail: info@tcysb.org

The mission of Tri-County Youth Services Bureau is to provide a respectful, compassionate environment for youth and their families in Southern Maryland to learn through educational and counseling services how to communicate more creatively and promote the values unique to each family.

Location #1:

75 Industrial Park Drive (301) 843-2960
Waldorf, MD 20602 (301) 645-1837

Fax (301) 645-9169

Mailing Address:

P.O. Box 1798
Waldorf, MD 20604-1798

Location #2:

Dr. J. Patrick Jarboe Center (301) 833-5332
21161 Lexwood Drive Fax (301) 866-5996
Lexington Park, MD 20653

Mailing Address:

P.O. Box 1539
Lexington Park, MD 20653

Location #3:

c/o Calvert Co. Dept. of Juvenile Justice
200 Duke Street, Suite 2800 (443) 550-6294
Prince Frederick, MD 20678 Fax (443) 550-6276

Hours of Operation:

Monday through Thursday 9:00 a.m. to 8:00 p.m.
Friday 9:00 a.m. to 5:00p.m.
Saturday 9:00 a.m. to 1:00 p.m.

Appointment Policy:

Scheduled appointments. Walk-ins and emergencies accepted. After-hours emergency on-call telephone service available. Flexible appointment times. Home and school visits available.

Methods of Payment:

Private health insurance, medical assistance, out-of-pocket, sliding fee scale, self pay, pro bono.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Money, volunteered time or services, training and consultation services, children's school supplies, arts and crafts supplies.

Volunteer Coordinator:

Maxcine Wade (301) 843-2960

Core Services

Tri-County Youth Services Bureau is a community-based, non-residential, private, non-profit agency that provides delinquency prevention, youth suicide prevention, drug and alcohol abuse prevention, and youth development services to youth up to age 21 and their families in the Southern Maryland Area.

Services Offered:

Individual, family, and group counseling, information and referral services, crisis intervention, substance abuse assessment and

referral, informal counseling, alternative leisure activities, community education including training and information related to delinquency prevention, case management, parenting education, computer literacy training, school-based behavior management services, after-school program, academic enrichment, and youth development activities and services.

Eligible Populations:

Children and youth up to age 18 and their families, and the general public.

Service Learning Opportunities:

Painting indoors; upkeep of yard and parking lot; assistance with homework after school; making educational packets; facilitation/co-facilitating children's activities.

Minimum age: 16.

Contact: Maxcine Wade
(301) 843-2960



Student Service Learning

UNITED CEREBRAL PALSY OF SOUTHERN MARYLAND, INC.

Mitzi Bernard, Executive Director

Website: <http://www.ucpsm.org>

E-mail: ucpinfo@ucpsm.org

Dedicated to the inclusion of all people with disabilities into everyday life; honoring choices; assuring rights and entitlements; equipping and enabling individuals with disabilities to attain employment; promoting community awareness, and mobilizing resources to accomplish these goals.

Location #1:

1919 A West Street (410) 280-2003
Annapolis, MD 21401 Fax (410) 269-5757

Location #2:

21815 Three Notch Road, Suite H (301) 863-8870

Lexington Park, MD 20653

Fax (301) 863-8891

Hours of Operation:

Monday through Friday

8:30 a.m. to 4:30 p.m.

Appointment Policy:

Walk-ins accepted; home visits can be arranged.

Methods of Payment:

Self pay, Developmental Disability Administration

Service Area(s):

Charles, St. Mary's, Calvert, Anne Arundel Counties.

Donations Accepted:

Money, furniture, food, clothing, autos, volunteered time or services.

Name of Volunteer Coordinator:

Kathy Ballard (410) 280-2003

Services Offered:

Residential, supported employment, community supported living arrangement, individual and family support services, case management, job development, drop-in attendant care, recreational activities, resource and referral, publishing of the informative *Grapevine*. Speakers and support groups available.

Eligible Populations:

Individuals with disabilities and their families.

Service Learning Opportunities:

Landscaping/yardwork; help with phones; website help; volunteer during certain special events.

Minimum age: 16.

Contact: Kathy Ballard
(410) 280-2003

UNITED WAY OF CHARLES COUNTY, INC.

Dorothy L. Harper, President/CEO

Website: <http://www.unitedwaycharles.org>

E-mail: vburchuwcc@comcast.net
ddharperuwcc@comcast.net

Coordinates fundraising and distribution of funds to local

non-profit agencies providing health and human services in Charles County. Provides information and referral to the general public. **Please note: United Way of Charles County does not provide any direct financial assistance to individuals.**

Location:

10250 La Plata Road
La Plata, MD 20646 (301) 609-4844
(Fax) (301) 392-9286

Mailing Address:

P.O. Box 2141
La Plata, MD 20646

Hours of Operation:

Monday through Friday 8:30 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointments; walk-ins accepted.

Methods of Payment:

All services free.

Service Area(s):

Charles County.

Donations Accepted:

Money, volunteered time or services.

Volunteer Coordinator:

Ginger Burch (301) 609-4844

Services Offered: Information and referral.

Eligible Populations: The general public.

**UNIVERSITY OF MARYLAND
STATEWIDE HEALTH NETWORK
SOUTHERN MARYLAND REGIONAL OFFICE**

E-mail: jrudolf@som.umaryland.edu

The mission of the Statewide Health Network is to reduce the burden of cancer and tobacco-related diseases among Maryland residents by conducting cancer and tobacco-related disease prevention and control activities, promoting culturally sensitive prevention and education programs, facilitating early detection screening and prompt follow up, promoting increased participation in clinical trials, and developing best practice models and telemedicine linkages.

Location:

12107 Old Line Center (301) 885-1953

Waldorf, MD 20602

Fax (301) 885-1823

Hours of Operation:

Tuesday - Thursday 8:30 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointments. Walk-ins accepted.

Methods of Payment:

All Services are free.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations Accepted:

Volunteered time or services.

Services Offered:

Public health education.

Populations served:

The general public.

VESTA, INC.

Heather O'Neill, Program Director

Peggy O'Brien, Dept. of Support Services and Intake

Website: <http://www.vesta.org>

E-mail: heathero@vesta.org

Vesta's mission is to empower people to achieve self-determination and to enhance and enrich their lives in the community...to promote understanding and inclusion for all. Services offer maximum client choice, long-term relationships, a sense of belonging and highly specialized interventions to help persons live happy and satisfied lives.

Location:

22A Industrial Park Drive (301) 638-7543

Waldorf, MD 20602 Fax (301) 638-9992

Hours of Operation:

Monday through Friday 8:00 a.m. to 5:00 p.m.

Appointment Policy:

Scheduled appointment only. To schedule an intake for Psychiatric Rehabilitation Program, call Peggy O'Brien at 301-459-9840.

Methods of Payment:

Medical assistance, self-pay

Service Area(s):

Charles County.

Donations accepted:

Money, clothing volunteered time or services.

Services Offered:

Vesta provides comprehensive, flexible and ongoing services for persons with serious persistent mental illness. We offer a full array of services, including a varied day program, support services skills training and rehabilitation, clinical and substance abuse counseling, crisis intervention and prevention, and financial benefits acquisition and monitoring.

Eligible Populations:

Adults with mental illness.

Referral Policy: Clients must have a diagnosis of mental illness and be referred by hospital, mental health clinic, physician, Social Services, etc.

VICTIM SERVICES ASSISTANCE CENTER – (Center for Children, p. 17.)

VOLUNTEER SOUTHERN MARYLAND AT THE COLLEGE OF SOUTHERN MARYLAND

Emily Mudd-Hendricks, Coordinator

Website: <http://www.csmd.edu/vsmd>

E-mail: volunteer@csmd.edu

Our organization strengthens and supports volunteerism in the tri-county area by connecting people with opportunities to serve and assisting non-profit agencies in reaching potential volunteers. Our online database is a one-stop shop for people looking for a volunteer opportunity in our region. In addition, we sponsor drives, events, and special activities to benefit local causes and agencies, as well as promote volunteerism as a way of life.

Location:

8730 Mitchell Road (301) 934-7642
La Plata, MD 20646-0910 Fax (301) 934-7680

Mailing Address:

P.O. Box 910
La Plata, MD 20646-0910

Hours of Operation:

Monday through Friday 8:30 a.m. to 5:30 p.m.

Appointment Policy:

Walk-ins accepted.

Methods of Payment:

All services are free.

Service Area(s):

Charles, St. Mary's, Calvert Counties.

Donations accepted:

Money, volunteered time or services.

Eligible Populations:

The general public.

WIC PROGRAM – (See Southern Maryland WIC Program under Health Department listing, p. 40.)

WOMEN'S SHELTER – (See Catholic Charities, Angel's Watch Shelter, p. 12.)

WORSHIP CENTER, THE - (See Churches and Religious Organizations, p. 30).